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# LIVING TODAY

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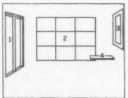






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# Living's Child Development ouncil

EDITOR'S NOTE: Mrs. Aline Auerbach, Director, Department of Parent Group Education of the Child Study Association of America, discusses the problem of the demanding child who cannot or will not adjust to a family pattern of living.

# The problem of the demanding small child

Dear Council: I guess it must be us, really, but our problem is that our eighteen-month-old son, Erik, is driving us out of our minds. We have honestly begun to feel that we are not the kind of people who ever should have become parents. We started out thinking that a child of ours would somehow or other adjust to our way of life, and enjoy it; and now we have spent nearly two years adjusting to Erik's. Isn't there some way to arrange a compromise? My husband and I are both college teachers with very irregular teachingand-study schedules. Erik has always refused to follow any schedule at all. The only way to get him into the crib at night is to wait until he drops to the floor from fatigue. Once, when a doctor friend said that we simply had to enforce a schedule, even if it meant letting Erik cry himself to sleep for a while, we did put him in the crib and then sat down-the three of us-to wait through four solid hours of screaming. And the only reason it wasn't five hours of screaming, or ten, was that the doctor himself gave up and went in and helped Erik out of the crib.

My husband and I used to enjoy preparing our lectures and correcting papers at home together, but Erik's constant demands for attention, his constantly getting into everything have made that impossible. As a consequence, we spend more and more of our time apart, and our marriage has suffered as well as our work. In the beginning, we were able to stagger our teaching schedules so that one of us was always at home with Erik. Lately, however, we have had to resort to sitters, who, because they, too, find Erik difficult, our apartment small, and our work schedules incomprehensible, are a most unreliable crew.

We know that what we are really doing is communicating our own nervousness to Erik, but is there any way we can stop? The situation as it is can only grow worse day by day.

> Mrs. V. G. Los Angeles, California

Dear Mrs. V. G.: The situation you describe is certainly difficult and it is easy to see that you and your husband are beside yourselves. But your lives do not have to be so harassed because of the presence and the demands of a little boy. There are ways of working things out so that you can have more peace and can begin to enjoy your child, instead of having matters [Continued on page 10]

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# LIVING's child development council

[Continued from page 8]

grow worse day by day, as you fear. To get out of your present pattern won't be easy, though. It takes, first of all, a new look at what you are caught up in. The trouble is probably not "you, really," in the sense that you seem to feel. Your present dilemma does not necessarily mean that you "are not the kind of people who ever should have become parents." It may mean rather that you and your husband didn't know what life with a new member really would be like and so weren't prepared for the changes you might have to make to get him off to a good start.

From what you have said, it's hard to know just where the rub came in the beginning, in your case, so one can only look at it in general terms, drawing on what one sees in many families. When both parents have been in the habit of working at home, it is inevitable that they find it difficult to have the routine of their day disturbed by the constant and unpredictable demands of an infant. Possibly your boy began to sense your preoccupation with your work and your understandable irritation—and mounting tension-when you couldn't get it done. In this way, a vicious circle may have gotten started.

His unwillingness to go to bed seems to be a case in point. Many children resist bedtime at this age. as Erik does. Going to bed means for them that they have to cut themselves off from the people they need and want so much. The more they feel they are being "put to bed" and pushed out of the way, the more they fight it. And yet going to bed is one of the things a child must learn, not just to have quiet in the house but for his own sake. Here he needs to be helped to accept the idea that there is a time when his day is over and that you will help him to go to sleep. Crying it out in a long battle rarely works, as you found out yourself, even though children will eventually drop exhausted, if the crying goes on long enough. They may learn that, in time, they do go to sleep, but this kind of an experience may also make them feel as if you had abandoned them. Thus, what they learn may confirm the very thing they fear the most and make them feel even more afraid and more angry.

But they can learn to take the separation that going to bed often means for them, if their parents stand by and help them. You probably feel that you've done this, but one can only suggest that you try again, setting up a different bedtime procedure, perhaps, and then sticking to it. It may take some days and even weeks to get him to accept this.

What your boy may need first is some special time or times-and they don't need to be long by the clock-when you give him your full attention, without thinking about the papers that are piled up on your desk. Strange though this may seem, a child is often better able to leave his parents or have them leave him, if he feels they have had a satisfying time together.

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But you still have to make the bridge for him, by taking him to his room, putting him in his crib with a favorite toy and tucking him in with an extra hug. The important thing is to give him the idea that you expect him to stay there, even if you have to go in a number of times to pet or quiet him. You may even have to sit quietly in his room, so that he knows you are there. Gradually, he should be able to accept your leaving him to go in the next room, if again you will tell him that you will be nearby. Sometimes it helps if you let a child play in his crib with a light on for a while, though it's wise to tell him that you'll be back later to turn the light off

You will have to work out the details yourselves. The point that you want to convey to him is that you expect him to go to sleep, that you know it's not easy but that you're helping him. If you really can get this idea over, it may carry with it a new feeling and may accomplish more than you think. If he feels you're on his side and are not angry and fighting him, he may be better able to co-operate in many different ways and the tension may begin to ease off.

If these suggestions are not enough to help you, don't hesitate to talk the situation over with a counselor in the family agency or child guidance center in your town.

(A list of pamphlets and books on child development and family relations published by the Child Study Association of America may be obtained on request from the Association's Department L., 9 East 89th Street, New York 28, New York.)

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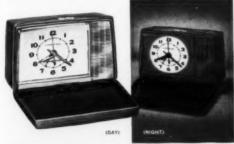
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# MUSIC FOR LIVING

By DAVID RANDOLPH

What are the "supreme moments" in music? Obviously, these are matters of personal preference. However, I plan to take the bull by the horns, and devote this month's column to some of the musical works that have had the greatest effect upon me. It is my hope, of course, that this music will have a similar appeal for you.

The "moment" that comes most readily to my mind as one of the most moving in all of music occurs in the slow movement of Brahms' First Symphony. It is that portion. about a minute or two after the opening of the movement, when the strings slowly rise in a steadily mounting wave of intensity until they reach a climax that is almost unbearably affecting. I know I am not alone in my response to that particular passage, since a number of my friends have told me that they are similarly moved by it. Incidentally, Brahms is enough of a "psychologist" to realize that the effect is greater if it is not overdone; he therefore has that section occur only once

In a completely different way, the introduction to the first movement of that same symphony is equally overpowering. Offhand, I can think of no piece of music whose opening is more magnificent than this one, with its insistent drumbeats supporting the broad melody. Since this work is so wellestablished in the orchestral repertoire, a competent orchestra and conductor can hardly fail to convey the emotional qualities inherent in these two places. However, one satisfying version is by the Philadelphia Orchestra under Eugene Ormandy, on a Columbia record.

Because it can deal with dramatic situations as well as with music, the field of opera lends itself to some of the supreme moments in music-again, making allowances for the differences in personal taste. I have never failed to be touched by the ending of Puccini's opera La Bohème. Here is a libretto that deals not with gods or mythical creatures, but with human beings; they and their emotions are believable. It is this quality of believability that makes the final scene so moving, as the heroine, Mimi, dies, As her lover, Rodolfo, cries out her name in despair. I find it impossible to hold back my own tears. Here, the combination of the dramatic situation and the very apt music to which Puccini has set it, makes for one of the most emotional scenes in opera. The recent RCA-Victor release of the opera is excellently recorded and beautifully performed under Sir Thomas Beecham.

Returning to the field of "absolute" music-that is, music having no reference to a story, we come to another work that I have found to he strangely moving. It is the slow movement of the Piano Concerto No. 4, by Beethoven, Ordinarily, in the course of any concerto, which is a work for a solo instrument with orchestra, one expects to hear a certain amount of "dialogue," as melodies are thrown back and forth between the orchestra and the soloist. The slow movement of this work, however, is nothing more or less than a continuous "conversation" or dialogue between the two. In addition, there are some unusual features to the writing. The orchestra begins with a powerful, jagged phrase, played in unison and in octaves; that is, with no harmony whatsoever. In contrast with the bareness of these outbursts, the piano answers with some very soft, appealing chords, only to be interrupted by the angry interjections of the orchestra. This pattern continues throughout the movement, until finally, the orchestra seems to give in to the softer voice of the piano; its anger subsides and at the very end, both the solo and the orchestra play together—for the first time in the entire movement! In the consistency of its design, this is quite an unusual movement, and a strangely affecting one, with a haunting beauty. Monitor Records has recently issued a version of it, with Emil Gillels as the piano soloist.

One of the most exciting moments that I can think of occurs in a twentieth-century work-Béla Bartók's Music for Strings, Percussion and Celesta, written in 1936. The scherzo of this very original work contains a portion whose rhythmic vitality never fails to stir me. No matter how often I listen to its percussive chords, the sheer rhythmic propulsion of the music lifts me out of my chair. Westminster's version is by the Philharmonic Promenade Orchestra conducted by Sir Adrian Boult. The new RCA-Victor recording is by the Chicago Symphony Orchestra under the direction of Fritz Reiner. Another operatic work-this one

of our own century-finds an important place on my list. It is Wozzeck, by Alban Berg. The story is one of the most realistic to be found in any opera. It concerns a downtrodden soldier in the Austrian army-a ne'er-do-well who is ill-treated by his superiors, made the subject of medical experiments by a doctor, and subjected to emotional torments by Marie, the woman he loves. Suspecting her of infidelity, he is finally driven by his jealousy to stab her to death, Later, in searching for the knife in the pond into which he had thrown it. he drowns. The final scene depicts Marie's young child playing with a group of youngsters. One of them, on learning of the murder, says "You-your mother is dead." But the child is too young to comprehend the significance of the words and blithely goes on riding his hobbyhorse, singing "hop, hop," repeatedly. This closing scene of the opera, with the orchestra merely trailing away into silence as the background to the child's innocent song, is one of the most overpowering scenes in all of opera. The complete work has been recorded by Columbia in an excellent performance by the New York Philharmonic-Symphony Orchestra under Dimitri Mitropoulos, with the late Mack Harrell as Wozzeck and Eileen Farrell as Marie.





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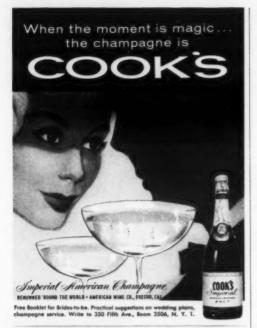
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# FOR LIVING

By Dianne Spencer

# First aid for summer

Although summer is a happy, carefree time for children, few survive it without suffering at least one of the many ailments or injuries common to this season. Because the children are no longer confined to the classroom and are able to spend their days in outdoor activities, most childhood injuries occur during the summer months. The threats of insects and poison plants are obvious, and even the pleasant aspects of summer—sun and water—are accompanied by certain hazards. Parents should be aware of these dangers, whether major or minor in nature, and they should know how to treat them when, and if, they do happen.

In dealing with any injury, it is of primary importance to know when the situation is serious enough to require medical attention. Not infrequently, the underlying tissues in an area where a blow or a fall has been sustained can be severely damaged without producing immediate alarming symptoms. This possibility should be considered particularly in head injuries.

Head injuries: The child who has suffered a head injury must be watched very carefully, because what has appeared to be a trivial bump can sometimes cause bleeding within the skull. Contrary to what many people believe, brain damage can be present, even though there is no skull fracture. A physician should be consulted promptly if any of the following symptoms occur:

- 1. Loss of consciousness, no matter how brief.
- 2. Bleeding from the nose, ears or mouth.
- 3. Unexpected drowsiness or irritability.
- 4. Vomiting.
- 5. The pupil of one eye is larger than the other.

Sprains and fractures: A sprain is an injury to the soft tissues surrounding a movable joint. Cold compresses or an ice bag, if applied during the first half hour, will retard the swelling, and the joint should be immobilized in order to prevent further damage to the injured tissues. This is accomplished by bandaging and splinting. However, since the best treatment is provided by those experienced with sprains, medical attention is most advisable. When dealing with a sprain, always bear in mind the possibility of a broken bone, and if the injury seems at all serious, it should be treated as a fracture, and seen by a physician. In many cases, even doctors cannot tell whether or not a fracture has occurred without the aid of an X-ray.

When a fracture is apparent, or when there is a possibility of a fracture, under no circumstances should the involved limb be moved until a splint has been applied. Magazines or an umbrella can be used, and should be secured to [Continued on page 95] y 1960

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Cases from the files of the Family Service Association of America

# The Case of the Uneasy Marriage

The Case: At the end of six years of married life, George and Marian Cardwell (as we shall call them) were forced to admit that the picture of idyllic happiness they carefully painted for their friends was far from the truth. George was doing very well in business, Marian was a shining light in several women's organizations and they had two attractive children; yet the constant tension, the angry quarrels, the growing sense of isolation that each was beginning to feel were all making themselves evident in many overt ways. Marian's constant complaints that her husband left her with too much of the housework while he watched TV or read the evening papers were vehemently denied by George, who in turn accused his wife of spending far too much time with her outside activities. Furthermore, he agreed with his mother that a woman's first duty was to her family. If she spent more time with the children-who were often punished with unreasonable severity—they wouldn't be so unruly. Small troubles, and yet, day by day, they were growing with destructive force into major ones.

Like many families, the Cardwells prided themselves on self-management. If trouble was brewing, the shades were drawn and the windows closed. If they were aware at that time that they could have received help in solving their growing problems, their hesitance to discuss anything "outside the family" kept them from seeking aid. But neglected sources of friction can menace the entire family structure and the ramifications of the Cardwells' constant bickering hit home in an unexpected way-through their son Michael who was now in kindergarten. Confused by the pressures at home, he became such a problem that Marian was called in. Now deeply concerned, she listened to the teacher's suggestion of seeing a counselor at a local Family Service agency. An intelligent woman, Marian realized this was no time for false pride or reticence. The blinds could no longer be drawn or the windows closed.

The Counsel: Trained to read between the psychological lines and to understand the underground currents that run swiftly and deeply in us all, the counselor was able to help the Cardwells see themselves in a new light. As they discussed their troubles (in individual and group sessions), they began to realize that each argument and bitter quarrel only served to distort the real issue . . . that neither was 100 percent at fault . . . and that the solution to their problems lay within the scope of their own efforts. Looking back into their own backgrounds, they searched for motives to help them understand their own behavior patterns. [Continued on page 94]

# A potpourri of special pointers

By JEAN HERSEY

Hot July brings cooling showers,

Apricots and gillyflowers . . . Sara Coloridge

Midsummer cut-back—For flourishing fall bloom and triple the number of flowers, cut off the tops of the chrysanthemums. Trim back to ten or twelve inches. Plants thus cut will be sturdy and need no staking. Shove clippings upright and two inches deep into vermiculite or the earth in any out of the way, semishady part of the garden, and keep damp until new growth commences. More than half will root and blossom next year.

Porties in the night—This season of warm, starry nights and fireflies is the time for summer evening parties on the terrace or in the garden. A special blitz-fog spray (\$1.59 per can) will not harm plants but definitely discourages mosquitoes, gnats and such. With a special attachment, it will fog out through the exhaust on your power mower. In short order, by running the machine about, you can debug any area. Use about two hours before guests arrive.

Ferns are forever—They thrive and multiply year after year in shady or semishady areas, and no upkeep needed. Just to look at ferns cools and relaxes you. They can be transplanted anytime all summer if you take enough earth. Don't disturb the roots, and keep them watered for several days after the move. As you dig, note carefully the location and soil where ferns grow. Reproduce as nearly as possible the same environment.

Something for nothing—Weeds are upon us... even with mulch a few appear around the edges. No matter, save them all, and likewise all surplus vegetable greenery from the kitchen. Carefully deposit these in some out-of-sight corner, possibly under shrubs. Add to this accumulation throughout the growing season, keeping the top of the pile flat, to better take in the rain. An occasional squirt from the hose, and every few weeks a sprinkle of agricultural lime, a shovel full of garden loam, and one complete turnover in the fall help the process of decomposition. Bacteria and worms work here, and next spring you will have a rich compost.

A hammock is a must—As important as the flowers and plants in your garden is a dreamy idling spot. From here, gently swaying in a hammock, you view all, you doze, you read and dream, and maybe hatch up future projects, and maybe not. A fine, sturdy and most attractive rope hammock comes from The Hammock Shop, Pawleys Island, South Carolina. It is made in three sizes—single, double and family size. The latter is sixty by eighty-four inches and a real sensation! Ours lasted eight years and we are now in our third year on the second hammock.

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Happy are the feet

ilk in a pair of these Delhi sandals. Made of water-buffalo leather, imported from India, they have cushion creperubber soles and wedge heels. They come in ladies' and men's sizes from 3 to 13, \$9.65 a pair, postpaid. For summer strolling or patio partying, you'll certainly want a pair. Bloom Shoe Shop (L760), 311 Sixth Avenue, New York 14, N. Y.

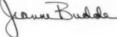


Good grooming

begins with this makeup tray. There are six recesses to hold and organize lipsticks, eyebrow pencils, brushes, mascara tubes, etc. Set it on a vanity or dresser. It's gold-plated with an intricate floral pattern and decorated with a pert poodle. 3" high, 6" long. 21/2" wide, \$1.25, postpaid, gift-boxed. Order from K & F Distributors (L760), 290 Jessamine Avenue, Yonkers, New York.



Your Money's Worth, this month, is a house divided. For open-air types, there is everything from a new barbecuecondiment table to a compass-and-mileage measurer to outdoor party lights. Or, if you plan to estivate within doors, we offer charming new Chinese dinnerware, a pretty hair piece (why not?) and an ingenious device for serving meals on wheels. And for all of you there is the choice between a diamond ring and a coupon clipper. Don't forget that all nonpersonalized merchandise may be returned with the assurance that your money will be refunded in full.



# A smart bestess

serves graciously yet easily. This handsome, oval teacart will be a hig help when entertaining. The legs and handle are made of %" tubular steel with gracefully scrolled rods that hold two generous glass travs (15"x25"x2"), complete with silent rolling plastic casters. The teacart is finished in quality brass plating. Assembles without tools, All for \$12.95. express charges collect. Order yours from Jeff Elliot (L760), Statesville, N. C.



### It's the tops

that count in this maternity outfit. The wash-and-wear smock is the gayest calypso print under the sun, in red with blue or brown with aqua, sizes 6-18, and the wide-brim natural straw hat is banded to match, \$5.95 the set, Of course you'll want a pair of washable zippered shorts in white, black, gray-green or red, 8-16, \$4,95, all postpaid. Crawford's (L760). 1015 Walnut St., Kansas City 6, Missouri,



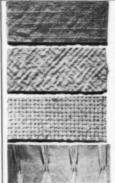
# Condiment forks

are perfect for spearing hors d'oeuvres, serving olives in a cocktail or with lemon slices on the tea table. The pair, of heavy silver-plate, comes in a handsome floral design and each fork is inscribed "Made in Sweden." For "small pickings," you'll find them indispensable. Order some for hostess gifts too. Just \$1.00, postpaid. Order from Ewald-Clark (L760), 15-17 W. Church Avenue, Roanoke, Va.



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will keep a whole family's supply of combs, brushes, hair-grooming accessories all in one place. Made of polystyrene. it attaches securely to any wall and even provides space for Dad's razor or electric shaver. In antique white or black, \$1,98, postpaid. It's virtually a second medicine chest, From Lolimar Corp. (L760), Post Office Box 41, Brooklyn 35, New York.

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Cuisine Cantonese

If you love Chinese dishes and try your hand at them in your own kitchen, then you'll want this lovely Chinese supper starter set. The set consists of four plates, four rice bowls, four cups in white china, accented in yellow and black, and four pairs of black chopsticks. Just \$9.95 for the set, add 95¢ west of Miss. Here's How Co. (L760), 95 Fifth Avenue, New York 3, New York.



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go to pot when you take those two weeks with pay. These amazing wicks, based on a scientific principle, keep your plants watered as if you did it yourself daily, for as long as a month. Just place one end of the wick in a container of water and the other end in the dirt. Set of 4, 88¢: three sets, \$2.39, all postpaid. Order from International Industries (L760), P. O. Box 509, Culver City, California.



Take cover

from the sun with a portable garden parasol. The flexible steel portion of the shaft bends in any direction; the sturdy, lightweight aluminum clamp at the base clamps to a chair back or arm or table rim. The parasol is made of color-fast. water-repellent acetate in alternate panels of red and white. 25" diameter, 37" long. \$6.95, ppd. Scott Mitchell House (L760), 415 S. Broadway, Yonkers, N.Y.



Cape Cod

weather glass actually forecasts the weather and is adapted from the oldstyle barometer. Just fill the vessel with water and add a touch of vegetable dve for a dash of color (71/2" high, 101/2" over-all). A charming accessory for indoor and patio use. Complete with black hanging bracket and instructions. \$4,29, ppd. Sturbridge Yankee Workshop (L760), 15 Brimfield Tpke., Sturbridge, Mass.



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# YOUR MONEY'S WORTH



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# Added attraction

for your dining table or buffet. A white porcelain oval-shaped table boat to be filled with fresh flowers and high-lighted with two glowing candles. In black or white, it measures 12" 8" 8" 8" 18" 18" Charming when filled with candles, fruit or foliags. By changing the decorations, it can be used year round. \$3.95, plus 50e postage. Order from Emily Host (L.769), Post Office 9s 116A, Great River, N. Y. Post Office 9s 116A, Great River, N. Y.



# Pull-up a chair

to your dining table or desk. The sturdy frame is welded of ½" solid steel and finished in charcoal-black with plastic tipped legs. The foam padded seat is covered with leatherlike Nauguhyde in black, white, tangerine, turquoise or mustard, \$10.95 with contoured back in ready-to-finish laminated birch: \$11.45 in ready-to-finish laminated birch: \$11.45 in ready-to-finish laminated walnut. Exp. chgs. coll. Order from Country Workshop (1.760), 93 Rome St., Newark S, N. J.



#### The swan

a creature of grace and beauty, captured here in crystal and sterling silver to adorn your most elegant dinner table. This charming salt cellar, with its movable silver wings and silver spoon, is so exquisite that you may prefer to display it as an ornament. It measures 2½" long, 1½" wide, 2½" high, 817.50 a pair, postpaid. Julius Goodman & Son (1.760), 113 Madison Avenue, Memphis 1, Tean,



#### Finish it with brass

What could be easier than to brass-finish anything with one quick spray? This new acrosol brass pray puts a deep, gleaming brass finish on a multitude of household items. If your doorknobs, mailboxes, picture frames, etc. need a sprueing, it will do the trick in seconds. Giant 12-ounce can, \$1.49, ppd. Sunset House (L.760), 83 Sunset Building, Beverly Hills, Calif.



# Bathroom library

Constructed of selected pine and handrubbed to a mellow hue, it measures 15" high, 8" wide and 5" deep. The roomy compartments hold pocket editions, magazines and newspapers; the '\mathcal{u}' diameter bar locks securely in place and holds any standard-size roll of tissue. \$3.95 each; 2 for \$7.50, ppd. Crescent House (1.760), P. O. Box 621, Plainview, Long Island, New York.



#### A place on a shelf

"God bless this house through all this year" is the warm sentiment inscribed on this lovely English Staffordshire calendar plate. Measuring 9" in diameter, the background is white with pink or brown design. The 1961 calendar year with corresponding zodiac signs circles the border. A delightful housewarming gift, 81.75, ppd., a pair, \$2.95, ppd. Seth & Jed (1.760), New Marthorough, Mass.



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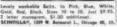
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# An exotic seat

is the peaceck chair hand-fashioned of white rattan in Hong Kong, It's so perfect for a bedroom, patio, sun deck or terrace, and it may be tinted to suit your décor. The delicately contrived pattern makes it a unique and beautiful piece in any room. Only \$10.88, freight collect. Palley's (L.760), Dept. LP-80, 2263 E. Vernon Ave., Los Angeles 58, California.



# Outdoor chefs

will welcome this serviceable Bur-B-Spacemaster that attaches to braziers and most rectangular grilles. Tubular rust-resistant steel legs adjust and lock at standard grille height making tabletop rigid and safe. Table surface, perfect for meats, condiments, utnesils, etc., measures 20½°x16°. Folds for easy storage, \$3.98, ppd. Panda Products (L760), 1200 Niagara R283, Buffalo 13, N. Y.



#### Soft candlelight

and summer hreeze, the perfect setting for outdoor festivities. Enhance your table, buffet or patio party with this lovely orange-blossom centerpiece, a spiral of brase twined with miniature oranges and blossoms. Measuring 10½" tall, it includes five orange wax candle cups. \$3.96, plus 35c shipping charges. Order from Helen Gallagher (L.7601, 413 Fulton Street, Peoria, Illinois.



# Measure summer fun

with this handy map measure and magnetic compass. It's extremely useful for measuring distances on all kinds of maps . \* \* for driving, yachting, hunting, etc. Imported from West Germany, this ingenious instrument also calculates mileage quickly and provides a compass for geographical directions. A perfect traveling companion, just \$1.95, postpaid. Order from Lico Novelty Co. (1.760), 120 Brighton II St., Brooklyn 35, N. Y.



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in an adaptation of an antique cradle. Crafted of knotty pine in a honey-tone pine or maple finish, it is tipproof, correctly sized and proportioned and gives a smooth rocking motion. High cradle, 33" long, 18" wide, 27'8" high, \$34.95; low cradle (without legs), \$31.95; white plastic-covered, sponge-rubber mattress, \$3.95, exp. chgs. coll. Kits, \$23.95, \$21.95, \$4.95 respectively, all ppd. Yield House (L.760), North Conway, New Hampshire.



# The circus is in

and it has pitched a tent right in the nursery, bedroom or playroom. Youngsters will go wild over these cutouts. The full-color set includes: eight 2-feet circus animals, balls, stars and yards of tent poles and canopies . . . 48 pieces in all with decorating instructions and paste, just 83.98. plus 32¢ post. F. Marmo (L.760), 3978 Woth St., Los Angeles, Calif.



# YOUR MONEY'S WORTH



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From the land

of the Rising Sun comes a set of Kobuni boat baskets. Made of natural blond rush, they are wonderful for displaying fruit or flower centerpieces and for serving bread, rolls and potato chips. Each one measures 6"x13" long, 21/2" deep, and the 2-piece set is just \$1.95, postpaid. From Shopping International (L760), 25 Lafayette Ave., White Plains, New York.



Peekaboo straps

need not be your problm if you use these handy lingerie guards. Just pin to inside shoulder seam and keep slip and bra straps together on your shoulder, Set includes 2 pairs of gold and 2 pairs of silvery rhodium-plated guards. You can leave them on your garment even when you launder without fear of rust or tarnish. Set of four pairs only \$1.00, ppd. Zenith Gifts (L760), 1740 Post Office Building, Brighton 35, Massachusetts.



Round up

all your earrings, lipsticks, nail-polish bottles, make-up aids and perfume vials and set them on the revolving carrousel. Finished in sparkling brass, it is decorated with jeweled Chaton roses and is ideal for a vanity table. Adjustable clips accommodate all sizes and shapes of lipsticks. Only \$2.95, postpaid. Medford Products (L760), Box 39, Bethpage, N. Y.



In the mood

for a hair-do change? You'll do it quickly with this Sarnel pin-on pony tail. Sarnel looks, feels, combs and shampoos like real hair and is easily arranged in many styles. In blonde (ash. light, medium, dark), light or dark auburn, light or dark brown and black. it comes wavy, straight or braided (please specify). Chignon bun also available, \$1.99 each, postpaid, Guild (L760), 103 E. Broadway, New York 2.



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in town sleeps on the Flea-Kill Bed. It rids dog of fleas, ticks, lice and body odor while he sleeps. Its soft comfort and cedar aroma entices Rover from furniture and rugs. Zipper-cover of plaid Orlon-Acrilan, blanket fabric is stainresistant, mothproof and washable, 15" x 28", \$4.95; 28" x 36", \$6.98; 36" x 48", \$12.90, postpaid. Order from the Sudbury Laboratory (L760), Sudbury, Mass.



Pottery's perfect

for serving lots of summer foods . . barbecue ribs, steaks, salads, rolls and relishes. These flameproof Tonala pottery trays are hand-decorated in charming native designs on cream or terra-cotta backgrounds. The largest tray is 12" x 9", the smallest, 7" x 6". Set of 4, \$4.95, postpaid. Order from the Old Mexico Shop (L760), Santa Fe, New Mexico.

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The opulent look

goes to a party table in the form of these glamorous napkin holders. Handmade of soft silk jersey, they are sprayed with pure 24K gold and hand-beaded in lush colors. They make wonderful hostess gifts or bridge prizes. Just \$1.00 each; set of 4, \$3.95, all ppd. Scintilla (L760), 1209 West Balmoral, Chicago, Illinois.



Good-looking

you'll agree; this brocade case makes a honey of a protection for eyeglasses and a smart purse accessory as well. The double case will hold a pair of regular reading glasses and a pair of sunglasses and the price is \$1.50; the single case is just \$1.00, all postpaid. Order from Harrison Products (L760), P. O. Box 201, Bethpage, New York.



### Glass collectors

will be especially delighted with the fine reproduction of the rich, glowing amber color of this early jar. Imported from France, it has an unusual flat-top cover and charming grape-cluster design in relief. It stands 31/2" high and is 31/4" in diameter; would be just lovely on a window shelf, Only \$1.95, ppd, Old Guilford Forge (L760), Guilford, Conn.



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and one cheer more for a captain's name plate. There will be no doubt as to who owns the ship with this solid brass plate. It is custom-engraved with his choice of identification and has a marine rope border design. Measures 3" long, 1%" high and comes with a permanent rustproof, waterproof finish. \$1.50, ppd., two brass screws for mount-Vernon Specialties Co. (L760), 276 E. Third St., Mt. Vernon, New York,





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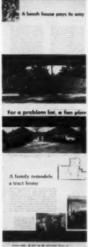
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Sitting pretty.

a miniature, ladder-back rocking chair planter. Inside this solid brass pot, plant your favorite vine, ivy or philodendron. Only 101/2" high, pot 41/2" diameter, 3%" deep, this gleaming planter deserves a spot on your coffee table or most prominent lamp table, \$4.95, postpaid. Order from Colorific House (L760), P. O. Box 325. Evansville 4, Indiana.



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the insignia of his profession or hobby. Doctor, lawyer, pharmacist, engineer, accountant, dentist, architect; petroleum, electronics, farming, trucking, steel, printer, chemist symbols are handsomely designed in sterling-silver or 12K gold-filled. Cuff links, \$7.00 a pair; tie clip or tack, \$4.00; \$10.00 a set, post. and tax incl. Wayne Silversmiths (L760). 546 South Broadway, Yonkers 5, N. Y.



# There's no trick

serving snacks to your bridge club with these serviceable rattan trays. They'll hold plenty of potato chips, dainty sandwiches, cookies, etc. There's a heart shape, diamond, club and spade and, for added interest, you could spray them black and red. The set of iour is \$3.50, ppd. Miles Kimball Company (L760), 215 Bond Street, Oshkosh, Wisconsin.





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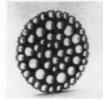
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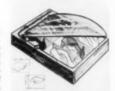
### Busy bees

might have been at work on this lacylooking trivet but you'll soon discover that they're actually made of natural bamboo, imported from Japan. The trivet will protect your table from hot plates, potted plants, drippy glasses, in addition to making interesting wall decorations Six inches in diameter, each trivet only \$1.00 or set of four, \$3.75, all postpaid. Order from The Pink House (L760), P. O. Box 892, Laguna Beach, California.



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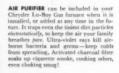


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# the home behind the man

Success has come to many men in many forms, and yet no man has achieved success completely by himself. Biographers have been quick to note the teacher who advised, the colleague who encouraged, the friend who heartened or the wife whose contribution is as many-faceted as the forms of success.

A short while ago, ten men were selected by the U. S. Junior Chamber of Commerce to receive an award... and with it went the recognition and thanks from community and nation for exceptional service. All under 36, these outstanding young men—six of whom you will meet in the following pages—have achieved a singular form of success.

What is it that focuses the limelight on them at an age when others, no less talented, perhaps, are still working their way up the ladder? First of all, they live in a land where each and every man is afforded the opportunity to make of his life what he will. They are dedicated to their work; they have the courage to grasp an opportunity and the tenacity to hold on; and they are married to women who possess extraordinary understanding, self-reliance and an intelligent awareness of their husbands' problems. Fully cognizant of the responsibilities they have assumed, these women are remarkably alike in their zeal to preserve the essential balance in their home life, to guard their husbands against the infringement of unnecessary problems and to lend support and active aid in the area of his work. They have created the home behind the man where it stands as another important symbol of his success.

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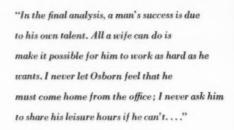
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Rare fireside gathering: Diana, 10, Cynthia, 7, and Dorinda, 2, watch their busy father play with the family's pet Scotty, Sprig 'O Heather



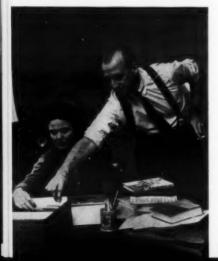
Apartment life in Manhattan's East Sixties for third-generation New Yorkers, Deirdre and Osborn Elliott, is very much like small-town living. Both her mother and his parents live only a few blocks away



Whimsical painting, titled Man at the Top, was done by neighbor on lower floor when Osborn's book, Men at the Top, was published last fall. Below, Deirdre helped no end with research on the book. He calls her work "indispensable"



Family life around the editorial week





SILL MARGERIN

That is it like not to be able to plan weekends with your husband? In their twelve years of marriage, Deirdre and Osborn Elliott have almost never had the pleasure of spending a leisurely Saturday and Sunday at home. Osborn, who is perhaps the most knowledgeable young man in the world on the subject of American business, is Managing Editor of Newsweek and before that was an editor of Time. In both capacities, he has observed the editorial work week of Wednesday through Sunday. What's more, when his magazine is being "put to bed" on Friday and Saturday, he is apt to be at the office until midnight or after. Leisuretime when [Continued on the next page]





Multipurpose dining-room-study is the family's relaxation center. Here, Osborn studies his half dozen newspapers every day, sometimes to the distraction of the girls' piano practice. Elliotts decorated the apartment themselves, mostly with wedding gifts

he is at home is often spent reading or doing research for a book. Their social life is mostly with friends in publishing, press and politics and, in a very real sense, is part of his career, too. Except for summers in a charming remodeled stable near Great South Bay, daughters Diana, Cynthia and Dorinda see very little of their father. Deirdre Elliott admits that life with a dynamic, career-minded man is one of sacrifice, but, besides loving him, she respects what he is doing and as a past magazine worker herself, understands the rigors of the editorial week. Instead of fighting his schedule, she works with it. A fast and attentive reader, she gets through five or six books a week and briefs Osborn who is a slow reader. He pays her no routine compliment when he says that by organizing all the material for his recent book, she made an indispensable contribution to it. She arranges their life-from breakfast served to him in bed until the last midnight oil is burned-on the basis of what she can contribute to his accomplishments.



Girls' room is the scene of morning flurry on school days. Deirdre supervises Diana's and Cynthia's grooming with some help from Dorinda. Deirdre does all the cooking, both in town and summers in the country. In New York, she has a nurse for Dorinda



# The governor and the governor's lady

coun-



The resulting vote of the people against "bootleg control" abolished the state's 51-year-old law. Administration-sponsored reforms approved in a record-breaking, sixmonths-long session of the legislature include a central purchasing law, a law establishing a state merit system, a withholding tax law and a bill authorizing the construction of two turnpikes—quite a tour de force for a new governor.

Appearing to have all blessings, Howard Edmondson is handsome, dynamic and dedicated. A native of Muskogee, Oklahoma, he became a resident of Tulsa following three years in the Air Force and graduation from the University of Oklahoma Law School. He was twice elected Tulsa County Attorney before entering the gubernatorial race, and in 1946, he married Jeanette Bartleson, a Muskogee girl he had known all his life. They have three children: James Howard, 13; Jeanne, 10, and Patty, 8.

Any governor's first year is a difficult one, but Edmondson's was as stormy as they come, and the political winds show no sign of abating. Howard was by no means the favorite son of the old-line politicians; the battle [Continued on the next page] A tandem of Oklahoman distinction



has been almost constant, and the governor has joined it with an absolute refusal to compromise.

In the Governor's Mansion, the dissonances in the capital a few blocks away are inaudible. Jeanette Edmondson is determined that they shall not invade the atmosphere of her family life, and she is a lady to be reckoned with. Tall, slender and very good-looking, she is easy to talk to, easy to laugh with, yet completely controlled; whatever the attacks on her husband may mean to her has been docketed as strictly private business. The crises are discussed only when Howard feels he must "spill over" to her. She admits—with resignation but no rancor—that most of their talking is done on planes and in automobiles, but whatever has to be talked about is talked about.

As a homemaker, Jeanette approaches brilliance: when she moved into the Governor's Mansion, it was a curious cross between what she calls a "chateau and a covered wagon," and amid a blast of publicity which bothered her not at all, she literally took paintbrush in hand and went to work. Soon, with the help of her friends and, eventually, the state, the big house became the attractive home it is today. Jeanette took it in her stride; she simply did what Oklahoma women have been doing ever since pioneer days—she made a home for her husband and children.

"Sundays are our best days. We do anything or nothing—but together"



ALL PHOTOGRAPHS BY JOHN BOLERO



The family sitting room graduated, as did most of the house, from a River Styx color-scheme of black and bottle-green to beige and pale turquoise. This is the Edmondson ivory tower: no sight-seers are allowed





The music room is the most formal room in the house and, in off-hours, The library is paneled in walnut—not that the Edmondsons knew it is used for piano practice. All the children have studied; Jeanne is the star; Patty does well, but Jimmy begged out. "It got in my way"

d pale



until they attacked the walls with paint-remover, bleach and considerable elbow grease. This is one of the rooms open to the public





#### "We fight for time together"

Both the governor and his wife feel the children have adjusted very well to their new environment, and the entire family fights the battle of time-to-be-together as a team. On Saturdays, Howard helps Jimmy get ready for dancing school, romps with the girls (Patty just had a bit of a bump), helps his wife with her necklace and takes her out to dinner. Jeanette, perforce, must spend part of every day at the telephone, a task she takes no joy in. So, to amuse herself, she has taken up painting "by the numbers." "It's good for shaky nerves and I can do it while I telephone. The girls laughed at me until they tried it themselves, and now suddenly we're all painting like mad"





"This house is run for Howard's comfort and convenience"









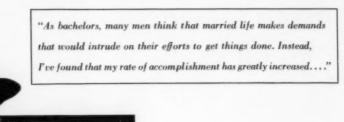
The Governor's Mansion is a house in which personal discipline has created an easy atmosphere despite the demands of public life. In a bird's-eye-view cross-section, we see Howard sampling the children's supper, Jeanette in her new kitchen, the breakfast room, little Jeanne's room. Flexibility has become the family motto. Jeanette has learned that a Governor's Mansion is a little like a hotel: it must be geared to produce practically anything at any time. She's never quite sure how many there will be for lunch nor who will stay for dinner, but come what may, she's prepared. An excellent cook, she often doubles in brass in the kitchen, and in times of stress with help, she has been known to descend to the laundry and iron eleven shirts at what the housekeeper calls a "lively clip." Admiringly, our hats off, we can only conclude that the First Lady of Oklahoma is quite a girl

# A top educator receives a new education

t his tenth reunion, Homer Babbidge's Yale yearbook referred to him as "A Yankee, a Republican and a bachelor in descending order of conviction." One year later he married Marcia who was then working for a Democratic congressman. In the interim, he served at Yale as lecturer, teacher and administrator of the university's multimillion-dollar financialaid program and through part-time graduate study, earned his M.A. and Ph.D. degrees before going to Washington as a political appointee. Marcia, meanwhile, had spent a year in Europe and North Africa, stopped off in Washington on her way home to Seattle and got a job. She met Homer one evening as the date of his roommate who, at the wedding, was their best man. Homer Babbidge has been the key figure in drafting a program to implement the report of President Eisenhower's Committee of Education Beyond the High School, a committee he helped establish. Two years ago, he entered career service, is now a civil servant and, at 34, Assistant U.S. Commissioner of Education. He is the prime mover of what has been termed the most sig-



nificant educational legislation since the Land-Grant Act of 1862. He admits that his most important accomplishments have come since marriage, says that Marcia has contributed enormously. Of her contribution, Marcia says only: "I encourage him: I try to be helpful in whatever way he needs me." They have just moved to a delightful house in Georgetown, after living in an apartment which she realized almost at once would be too small when the baby arrived. She didn't even buy a layette before they moved: "No use when there's no place to put it." They did put up draperies which she made but never hemmed or joined, waiting for their next home. Now they have a garden which she loves and Homer has an outlet for his pastime of bricklaying which he calls "a measurable accomplishment and form of relief." In the winter, there is ice skating, in the spring, picnics, and in the summer, the beach at Rehoboth. All in all, a quiet and purposeful life.



Work brought home is the order of the evening. Homer Babbidge uses a sea captain's desk which Marcia gave him as a wedding present. The cagle is also a gift from her and an addition to his collection. Concentration is sometimes shattered by Blitzen, their German shepherd puppy and a favored member of the household. Marcia has her own telephone desk, actually an old school desk. from which she conducts a modest real-estate business. Not long ago, she sold a house that paid the taxes on her earnings the previous year. For amusement two years ago, Marcia and Homer worked out a game based on national elections, played it with two friends from Boston who formed a company called Games Research which recently brought out their Convention! as the company's first product



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## From one home, two unusual careers

Deter Castruccio has packed more into thirty-four years than most people do into a lifetime. At 21, he was Italy's youngest recipient of a Ph.D.; he speaks six languages fluently, is now learning Russian. ("Anybody can learn a language; just memorize thirty new words a day.") As a secret agent for the Allies in the war, he was twice captured, once miraculously rescued from a firing squad. Today, Technical Director of the Aerospace Division of Aeronca Manufacturing, he is among the world's leading space-research scientists. His wife, Sadie, beneath her quiet exterior, is also a remarkable person and through her efforts, Peter is finding the extra financial security and constantly widening scope of interests that he needs for a sense of accomplishment. As Sadie tells the story of her entry into the building business: "One morning four years ago, Peter asked out of the blue, 'How would you like to build a mausoleum as an investment?" " He gave her a newspaper ad which she put aside, thinking the idea morbid. A week later, he brought it up again and she answered the ad. They invested \$200 in literature, bought a large plot in Prospect Hill, Towson, Maryland, and with Peter's engineering know-how and the help of Sadie's brawny son, Richard, they put up an 88-unit mausoleum. Since then, she has completed some 25 projects, many of them homes in the \$20,000-\$30,000 class, like the one shown opposite for which she subcontracts the work. Their cemeterial projects led to the formation of their Itmar Company which imports Carrara marble from Italy. Most recently, the Castruccios bought a ninety-eight-acre tract in Silver Hill, a desirable water-front area near Baltimore which they are in the process of developing. Sadie listens to everyone, reports her findings to Peter, makes recommendations on new projects. If he has reservations, she restudies and if she can convince him of success, he gives the nod of approval. He gives the nod quite often, for there is always something going on at the Castruccios' in Glen Burnie!







"Many women don't go ahead with projects because their husbands aren't with them. When Peter wanted me to go into the building business, I was afraid. Now I know that with his inspiration and guidance, I am able to do whatever he wants"



# Homework in government



W/ hen asked how his wife contributed to his success, young Congressman Robert P. Griffin answered without hesitation: "By her ability to get votes." As an example: when Bob Griffin found that the only time he would be invited to debate in Union Hall at Muskegon, Michigan, conflicted with his last TV program before the 1956 elections, he asked his wife Marjorie to pinch-hit for him. She went before the camera, explained why Bob couldn't appear personally and the votes poured in. Last year, Bob Griffin bolted to national prominence as co-sponsor of the Landrum-Griffin Act, claimed as the first major labor-management relations law enacted in Congress in more than twelve years. He is young, honest, dedicated and vigorous and Marge is his exact counterpart. Bob calls her his sounding board, is proud of her

"As a congressman, Bob's away a lot, but it would be the same at home. He'd be involved in civic projects. He's that kind of man"







"Moving back and forth to Washington has drawbacks for the children. We try to make them see the benefits: two homes, more friends"

Jimmy says: "His pancakes nobody can beat!" On Sunday, Bob is chef



intellectual achievements (she was class valedictorian). Marge is a real helpmate. She goes through the Congressional Record every day and checks items he may have missed. She reads their home-town (Traverse City, Michigan) paper, and keeps him informed of current happenings. How does she find time to do all this and take care of three small sons and two homes, one in Michigan, the other in Washington? By being fascinated with government and proud to have him in it. Marge studied government in college, later taught it. Paul, 9, Ricky, 8, and Jimmy, 5, are learning it forcefully at first hand. When the Griffins drive back home in the summer, they don't play games identifying cars and license plates, but rather cabinet members, senators and congressmen!



hen thirty-five-year-old Daniel K. Inouye (pronounced In-o-way) was elected to the U.S. House of Representatives, it was another first for the young congressman from our newest state. As Hawaii's first representative, Dan Inouye became the first American of Japanese descent to be a member of the House. In achieving this distinction, he polled the highest vote ever given to any candidate by Hawaiian voters. Politics, however, was not always first with Dan Inouye. He was studying to be a surgeon when he volunteered for duty with the famed 442nd Infantry Regiment: in his last battle, his right arm was torn off with a grenade and he turned to a legal career. As Hawaii's first congressman in Washington. Dan is a busy man: he spends a minimum of fourteen hours a day at work. He makes it a rule, however, to turn off his phone and his office outlook when he's at home with wife Maggie. Dovetailing with this approach, Maggie's philosophy is that her first duty is to keep a well-organized home to shield him from as many homemaking problems as possible. In this way, they concentrate on companionable relaxation

the hours when they can be together. Actually, Maggie says she sees more of Dan now than she did back home in Honolulu. There she worked in the Education Department of the University of Hawaii. Weekends were spent planning their house and once it was built, Dan's province or kuliana as he calls it, became the Japanese gravel garden and patio. They miss their new house and pet fox terrier, but also find life in Washington interesting and pleasant. They took a twobedroom apartment in Chevy Chase last summer and Maggie's first months were spent getting settled. She and Dan shopped for furniture during the August sales, then picked up accessories in Tokyo where. Maggie confesses, they had to use an interpreter. Their Japanese wasn't good enough! She enjoys their well-equipped kitchen where she spends a lot of time baking (her banana bread is delicious), and her buffet parties for friends from the Islands are a favorite way of entertaining. As a congressman's wife, Maggie Inouye finds many demands on her time, but she adheres to her belief that, when a woman is determined to find time for recreation, she does so.

## Homemaking ideas from the

50th state

"A wife can do a lot by helping her husband to relax when he is at home. I do all my housework while Dan's at the office and devote all my time to him while he's here"





Luncheon meeting of the Eighty-Sixth Congress Club, made up of wives of congressmen, takes place every month followed by a tour of some point of interest. Maggie finds meetings build friendships, help orient wives new to Washington

"I never greet him with the woes or trivialities of the day. I handle small crises myself"

the

Hello and good-by is a continual process. Congressman Dan is always on the go. At right, the Inouyes' apartment is a decorative blend of contemporary and oriental touches, the latter finds from a trip Dan and Maggie made to the Orient







Homemaking Ideas

## timeless stitch

By MARY BROOKS PICKEN

he day Queen Elizabeth the First was presented with the first royal steel needle was an auspicious one: it set that lady off on a bout of stitching she was never to tire of, and it put needle point on the map to stay. Today, everyone who can hold a needle and is so inclined does needle point. This means not only Aunt Lily and Cousin Kate but tired businessmen, college girls, sea captains, watchers in lonely places like the North Pole, soldiers, sailors and lumberjacks. Husbands and wives team up on family projects, and almost every hospital treating patients for nervous tension prescribes needle point as therapy. There are various reasons for this pleasant mania: the work is easy-a child can do it; useful -you can cover anything with needle point; beautiful-with any luck; and, for some inexplicable reason, great fun. Now, to get down to business. The first acquisition is a good-quality canvas. This can be purchased at art needlework departments or shops, with or without a design worked or unworked. Designs run a gamut from flowers to animals to what-have-you; most of them are pleasant, few are extraordinary, and if you fancy the unusual, you must create a design yourself or have a talented friend do it for you. If you settle for an already worked design, all you have to do is fill in the background. If you start from scratch, you must transfer your design to blank canvas. This is done by tracing the de-

As a craft, needle point enjoys a popularity that is both unique and deserved



The infinite variety of needle point and its uses is amazing: here, a charming little cushion bordered with Greek keys, straps for a luggage rack, a coat of arms, a pair of chessboard "pictures," a telephone-book cover, a man's





To thread a tapestry needle with yarn: Take a length of yarn and turn one end back about 2 inches. Press the loop thus formed tightly together between thumb and forefinger, slip the needle's eye over yarn and pull the loop through. Then slip the needle about 4 inches down on the yarn and lock the yarn by thrusting the needle through the strands. The gros point or simplified half-cross stitch (below, center): Begin at lower right-hand corner of canvas and work up. Anchor the yarn, as shown, then enter needle into large square hole, take it to the right over the two parallel canvas threads, needle pointed to your left; bring it through up into next square and out. Pull gently, never tight. In time, you'll find that the tension is determined by a definite, very pleasant rhythm

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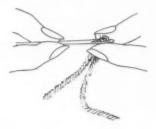
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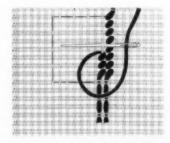
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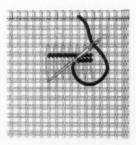
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Petit-point stitch: Separate yarn into 2 strands instead of 4. Using your smaller, sharper needle, execute the stitch exactly as you do gros point, except that the stitch is taken in between the two strands of canvas rather than over the two. This makes the stitch much finer and permits more nuance in shading. It also takes twice the time



[Continued on page 88]

ma

Have you ever walked into someone's house, admired a distinctively beautiful picture and heard the hostess proudly announce, "I made it!"? You immediately retreat into your shell muttering "Well, some people have all the talent . . ." and head for the refreshment table to soothe your shattered ego. What you didn't stop to consider is that "making a picture" is surprisingly easy. Most of the materials in these pictures came from the dime store, the attic, old books and occasional trips to some fascinating second-hand stores. Along with glue and ingenuity, they were completed at a fantastically low cost. Directions on how you can make your own pictures begin on page 90; try it and discover your hitherto hidden talent. It's a form of self-expression that you will find highly rewarding and one that will stamp your house with your own special brand of

individuality.

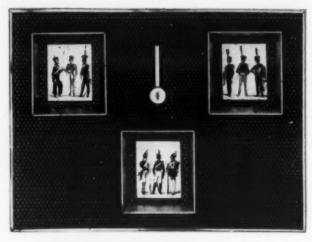
Picturemaking on a budget



These blue-and-white carnations grew on wallpaper and made the trip from cluttered attic to foyer with perfect ease Frames come from many places; a dimestore mirror ends up as a shadow box

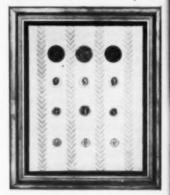
Godey-type print and a sandwich mat: combine them to create this lovely picture





Old or young, no male can resist the dashing verve of a colorful army print

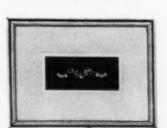
Before you throw away that pretty button, consider its value in a picture



Antic



The fabled colors of Pompeii come to life in this impressive reproduction



A distinctive framing treatment: cover with green velvet and trim with leaves

The elegant beauty of a family brooch, cushioned in velvet and set in the classic simplicity of a gilded frame





Drama can be added to the fine detail of bird prints by deep green tones of velvet matting

Antique plates are far too beautiful to hide in closet. Frame them for all the world to see



LL PROTOLBAPHS BY JOHN SENSINGS



Imaginative shadow boxes, nostalgic and charming, but really quite at home in the world of today

[Continued on page 90]

You've seen many pictures on canvas or paper but can you pick out the one made from fabric?





A profusion
of pictures
can create
group harmony



Pictures made of mosaic plastic with their dynamic forms and colors are a structural part of these Tropical panels, and have been imbedded in the panels to create a striking design. Dinnerware: melamine by Texasware



Reproductions of old playing cards, framed in gold and concentrated in one large area of red felt matting, give impact to a small room without cluttering the clean lines of the denim-covered walls. Red felt on the chair unifies the room and adds vitality to the subtle tones of gray. Avondale fabric used for draperies, bedspread and wall-covering



What was once a trumeau from a junk shop now hangs over the bed, serving a dual-purpose: to create a headboard and to become an integral part of the over-all wall treatment—an interesting combination of picture genres. Oils mix dramatically and easily with engravings, line drawings, water colors, old prints and original etchings



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gether to create a harmonious unit

# Locks: a golden welcome

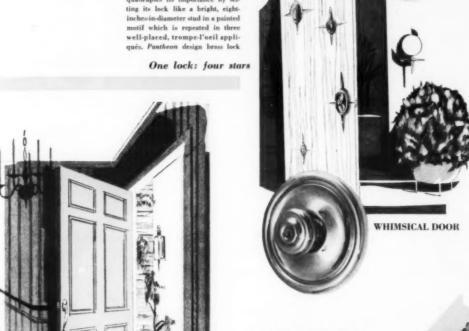


Gold aluminum escutcheon

We've all been opening doors for a long time now, but not until government statistics did the counting for us did we know that the average family's front door is opened about 15,000 times a year, the bathroom door 9,000 times, a corridor door 3,600 times and a closet door 2,200 times. These figures are impressive enough to make the lock-and-door-knob worthy of cultivation; since they are such intimate friends, why not choose them for dazzle and gleam as well as inner workings? The lock today is more than ever a door's badge—an elegant mechanism worn like a decoration. Front doors, in particular, should present a brave façade to the world, and they can: the imaginative work of our current hardware designers—who dote on brass or the new, gold anodized aluminum—make it easy to flash a welcome even before the door is open.



A country door with a city look quadruples its importance by setting its lock like a bright, eightmotif which is repeated in three



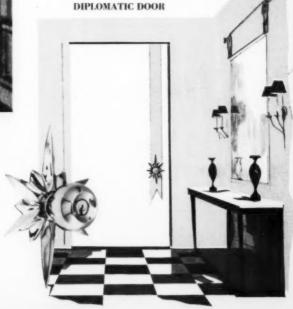
#### THE HOSPITABLE DOOR

The classic, grip-handle lock has a reassuring look and a pleasant curve that fits the palm like a smooth, brass glove. Plymouth lock

Colonial simplicity

#### Lock in a sunburst

The door of an apartment in Washington might boast a painted "ambassador's" ribbon and wear its lock like a diplomat's jeweled decoration. Astra lock





DRAMA AT THE DOORWAY



HARDWARE THROUGHOUT BY THE SCHLAGE LOCK COMPANY



Lock with background

There are countless ways of dramatizing flush doors, and few so effective as choosing a lock of bold design and letting it set the pace. Here, an escutcheon inspired by the four points of the compass and centered in a four-pointed star—stark white against black. Continental excutcheon, Saturn lock and knob



Square into diamond

Brilliant white diamonds on a vivid emerald-green door make this apartment foyer about as dazzling as an entry can become. In this instance, the lock is centered in its diamond position; tilted 45 degrees, it turns into a square, and could establish an entirely different treatment for the door. Imperial escutch-eon, Tulip design lock and knob



For a one-room apartment, a storageroom-divider with pass-through

TO APPORTION SPACE

TO AUGMENT SPACE

In a living-dining room, half a wall of miscellaneous storage

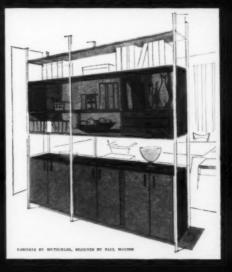


# New Cinderella: the kitchen cabinet

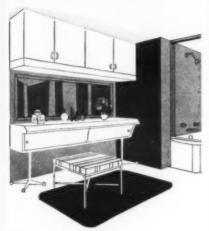
As a unit, the kitchen cabinet has been with us since the day we put doors on the pantry shelves. It has also always kept its place in the kitchen-an obedient servant, a country cousin. Then, with the kitchen's coming of age and exchanging drabness for glamour, the cabinet ceased being a bumpkin and acquired definite sophistication: today, it is an elegant enough member of the household to appear at ease anywhere in the house. Because it is primarily a storage unit, it continues to store-anything and everything. Because it can now be any color, any shape, any finish within reason, it can be fitted (singly, in pairs or in groups) into the space at hand to function as imagination and need direct it. Do you want a room-divider? A desk? A window seat? However incongruous it may seem, you can have them all, and with no great effort. Here, and on the following pages, are a few cogent suggestions of what the kitchen cabinet-be it wood, metal or wood-and-metal-can do when it is exploited in what might be called a new habitat.

#### AS A PIECE OF FURNITURE

A good-looking room-divider acting as bookcase-buffet-server



Believe it or not, a vanity-dressing table, efficient and effective



TOUNGSTOWN SITCHENS

IN THE BATHROOM

ON THE PORCH



An arrangement for garden tools, firewood and barbecue equipment

Blanket and out-of-season clothing solution—foot-locker style



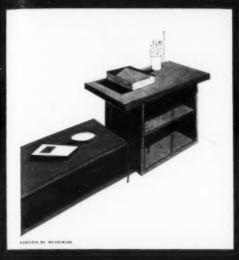
ASCHESIONA RUCHERS

BEDROOM AUXILIARY

#### FOR A CHILD'S ROOM



An easily-maintained, commodious answer to juvenile storage needs



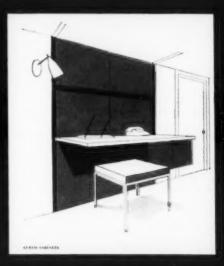
A workbench or drawing table with visible storage beneath

FOR A HOBBY ROOM

FOR A FAMILY ROOM

A pass-through bar with glass and china storage, room for television



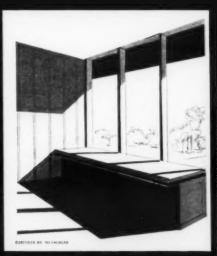


A cantilevered cabinet-desk and built-ins for elbow-reach storage

SELF-SUFFICIENT STUDY

FOR A WINDOW WALL

With little loss of light, a window seat atop a bank of "lockers"



#### Children

By Betty Vance

# PLANNING for pleasure

Car travel with children—
made easy

his year is going to be different. This year the children won't act up on your vacation trip and you aren't going to explode when little things go wrong in the car. Remember last year? You were just about to the point on the map labeled the scenic route and you were settling back to enjoy the trip. Suddenly something came whizzing by your head and broke the glass next to you Turning to find what the bomb had been, you found Johnny sitting in the back seat with a placid "I didn't do a thing" look on his face while his sister sobbed. It had been merely one of the usual fights between sister and brother. She had taken a lick of his lollipop and he had thrown his toy hammer at her (which much to his surprise shattered the window instead of his sister). Right then and there you decided this would be the last car trip you would take with the children until they were old enough to act like human beings.

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ou've probably discovered that the blessed state of parenthood is usually a state of confusion. Anything out of the everyday routine, even a car trip to the next town can be a disaster. You may be quite used to household calamities, such as all the children crying at the same time, a glass of milk overturned, or chewing gum los



(but never quite sure where). But just have any one of these slight mishaps happen in the family car en route to your vacation spot and it stretches your nerves to the screeching point. However, don't despair, there is still hope. It is a word full of magic—one that can make taking even very young children on a car trip a pleasurable experience. That word is "planning."

ow that you've decided to brave it again this year (and already you've begun dreaming of those wonderful days in the mountains), your main problem is whether to go by car, train or plane. If, as with most parents of young children, you decided to travel by car, the main problem is to arrive with as few mishaps as possible. You will find this is no difficulty if you have every facility your children might need accessible in the car. Sound impossible? Not at all. Just plan for the trip weeks in advance of the big day. Start by watching your youngest's schedule. Then adjust all schedules to suit this junior member of your brood, as he least understands the meaning of co-operation.

Use I family has found it best to do as much driving as possible while our two children are sleeping. They sleep most soundly in the early morning and our driver is most alert at that time. Therefore, we find our best schedule is to retire at the same early hour as the children. After a full night's sleep we can be on our way in the predawn hours. The highways are less crowded at this hour and the distance made during the blissful quiet when the little ones are tucked away in dreamland can often mean making the destination without driving either the car or the driver too hard. Should your driver be a night owl, try reversing the schedule but always keep in mind that only a rested and alert driver can keep you from becoming a statistic.

e carry the children, while sleeping, to beds that have been prepared for them in the back seat of the car. They usually do not awaken or are easily quieted when moved to their new beds. It is best to prepare them in advance for the vacation, telling them of the coming trip that will start some morning while they are still sleeping. They find it exciting to know that if they sleep late in the car, they will awaken in another city. We find our little ones usually sleep well in a moving car but awaken in a miserable mood if the car is stopped for more than a few seconds. It is wise to have the gas tank

filled and the route well-planned beforehand, thereby reducing the necessity for stops.

he preparation of travel beds is most easily done in a station wagon. The back seats are laid flat and the level surface is covered with a homemade mattress of blankets, pillows or whatever soft padding you may have. The same can be accomplished in a sedan by several methods. When our children were in the crawling age, we found that the best solution was a plywood platform covering both the back seat and the foot space between the seats. It rested on the seat and the back armrests. It was supported by legs made of scrap wood, forming an inverted U. The feet of the U lay on the floor and the bar of the U supported the platform. The platform was then covered with the mattress. Similar commercial products are on the market which fit almost any car. This arrangement became somewhat clumsy when the children were over two years old as the platform is too high to allow them to stand. A lowered sleeping platform can then be made very easily by placing the luggage on the floor space between the front and back seats. The top of the luggage should be level with the height of the seat, and then padded with pillows and blankets to make a comfortable bed.

acked into the car will be three important groups of items: food for the day, clothing for the day and toys for the day. As all of your living for the next few days will go on within the confines of your car, and confining it can be, it is best to keep this portable home completely uncluttered. The three groups of items must be wellchosen and then kept in spaces about the car that will be the least distracting to both driver and passengers. The first group, children's clothes for the day, should be chosen with care. Select the things that will look fresh after a full day of travel, and things that will suit changes in temperature with the addition of outer wraps. Dark and sturdy play clothes have been found to be most practical. There are many new fabrics that have been used in children's clothing in the past few years that make car living easier. The cloth is treated to look, even after a full day's wearing, as if it were never exposed to a three-year-old. The drip-dry items can be washed at night if needed. The extra essentials kept in this pack depend on the ages of the children for whom you are packing, but we have found it best to keep a complete change of clothing [Continued on page 98]

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The Age of Discovery



ALL PHOTOLOGRAPHS BY ARLENE STRO

# hildhood

"The world is so full of a number of things"
... and never more so than to the inquisitive seeking heart of a child. The mysterious world is there, waiting to be unlocked,
poked-at, peeked-in, smelled and touched.
The everlasting curiosity that makes a child
stare entranced at a hanging cocoon, strain
to hear the receding thunder of waves deep
within a sea shell, and stand tiptoe and motionless, his nose buried in a mass of daisies
—this is the wonder-world of childhood.

It is at this all-important stage that he should be given free reign to develop his own personal Age of Discovery, for discovery is not only a source of deep inner pleasure for the child, it can also chart a course that will remain with him forever.

Many a parent has been sent rushing to the encyclopedia to find the answer to questions like "Does it rain because the clouds get tired?" or "If trees are green, why aren't flowers green?" But along with unceasing trips to the bookcase, one can channel this curiosity along lines that will encourage a child to experiment on his own.





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Materials for spontaneous play can be found readily around the house. Food coloring or powdered paints can be safely used by the diminutive scientist and are as much fun to mix as to paint with. A magnifying glass can turn a leaf into a miraculous web of enchantment. And after he's pulled up the grass to discover what's under it, you can help him root an avocado just to see what happens. Another simple device is a "feel-box" which can be made from a box or simple drawstring bag. Any items can be placed inside: buttons, a stone, a scrap of furry cloth, a piece of clay. A child has great fun reaching in to try and guess what he is touching just by the way it feels.

Although these are the years of high adventure for a child, they can be equally adventurous for the parent who has the ability to enter into a child's world... who can look not "at" but "with" his child, and who can understand the magic of watching a spider spin its ephemeral web or the utter delight of chasing an ever-illusive shadow... And what can be more satisfying than the knowledge that with each new and intriguing experience a child grows more and more sure of himself in a new world. For to learn about the world is to know it, and to know it is to master it and make it safe.





## Plan Your Home

The need for cool comfort is a nationwide condition. One of the extraordinary facts of
climate is that an average July in New York or Boston
is as hot or hotter than an average July in Miami or
Mobile. At least the scientists at the Weather Bureau
tell us that more solar radiation strikes the ground
each July in the northern cities than in the southern,
even though the actual around-the-clock temperature
readings average slightly higher in the South than in
the North. In any event, we all know that July and
August—and parts of June and September—can be
uncomfortably hot, no matter where we live; and that
we have to use special devices to get rid of the excess
of thermal energy that brings perspiration to our
brows and lassitude and discomfort to our inner selves.

plumbing in April—there are four stages to a wellorganized home-improvement parade. The three following maintenances are: upgrading, expansion and remodeling. Let's consider cooling maintenance first.

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Cooling stage #1: maintenance. This stage involves some or all of the following:

- Proper oiling and cleaning of fans, whether attic or window exhaust, stationary or oscillating blowers, or the built-in fan in your forced-warm-air-heating system, which can help considerably in keeping you cool if you turn it on to circulate air through the ducts and out the registers or diffusers.
- 2. Arrange for ample shade. Awnings, overhangs or Venetian screening of various types to keep solar



# by shade and ventilation

Indoor living-conditioning on a hot day depends on a number of factors, the most important of which is purely mechanical. Do you have air-conditioning? If you do, you are well off. But let's assume that you start off the season, at least, as one of the great majority of American families who still do not have mechanical cooling of any sort, and see if you are doing everything you can to keep cool without it. Conditions will vary from region to region quite drastically, of course, so that what will keep you comfortable in a hot-dry climate like New Mexico might make you more uncomfortable than ever in a hot-humid climate like New Orleans. The immediate problem, then, is to make sure that you have the proper cooling conditions and equipment for your particular region, and that they are effectively maintained.

Maintenance, indeed, is the first step in any overall home-improvement program: to keep what you have in good working order. As described in our previous articles on planning home improvements financing and wiring in March and heating and energy out of your sun-exposed windows will reduce your indoor heat load very effectively. Make sure they are in good condition, replacing worn cloth or repainting metal or wood surfaces if they need it. And consider using white for the upper surface of any sunshade device, since white reflects heat so much more effectively than darker colors. At the same time, plant shade-providing high hedges and strategically-placed trees, also of a high-growing type that will, when mature, permit the breeze to blow through the house under the branches at the same time that they reduce solar energy inflow way down.

- 3. When you repaint the outside, paint it white; when you have to re-roof, use shingles with white chips or some other light-surfaced roofing material. The light color will keep your house cooler, as mentioned.
- 4. Make sure your window and door screens are in good repair, with all holes and tears mended so no mosquitoes and other summer pests can get in while the windows are open for ventilation. Cover the top of the chimney with a piece of screen for the same reason.

## Improvement [Part III]

Room air-conditioners. If you have one or more room air-conditioners in or under the windows, be sure to check the filters several times during the cooling season. If they are of the new, disposable, bactericidal glass fiber (with hexachlorophene) or organic fiber (with Permachem) types, replace them with new ones when clogged. To tell whether the filters are so dirt-filled that they are cutting cooling efficiency to a serious degree, put in a simple filter gauge, which you can buy at most hardware stores for under \$3.00. The gauge indicates by a small ball floating in a column of air whether the filter is so filled with dirt that it is seriously reducing the passage of air through it or not. If you have permanent, washable filters that have to be reoiled, you still can

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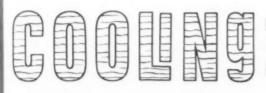
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Cooling stage #2: upgrading. There's always been considerable philosophical discussion as to which came first, the chicken or the egg. In the question of upgrading a house for summer comfort, the answer is easy: the house comes before the airconditioner. So, first things first: prepare your house for cooling before you buy your equipment. And before you do either, think long and hard about what you want. In certain climates, all you may need is a room conditioner or so, probably for the bedroomsparticularly if the family is out during most of the day. But in the overwhelming majority of cases, a central air-conditioning system is the thing to figure on-not only because it is so much more comfortable to have the whole house cool, but also because it



### by air-conditioning

In addition to tending to the filters, be sure to brush or vacuum off the accumulated dust and dirt from the exposed parts of the mechanism itself, too, so that cooling efficiency will be generally increased. And oil the fans and blowers in accordance with the manu-

use the same gauge to tell you when to wash them.

facturer's instructions. Keep the "how-to" booklets under lock and key; they disappear with ease.

If you have several room conditioners or a central cooling system, maintenance will be best handled by an annual service contract with a reliable dealerunless you can be sure that you know how to keep your system in top operating condition. Not many homemakers have that much time or know-how; and it is best to have the work done by contract anyhow. rather than relying on your own skills. However, as far as knowing when to change filters goes, you can take care of that with the same little floating-ball gauge that we described for room units. It works perfeetly for central year-round air-conditioner filters, and eliminates any bothersome shadow-of-a-doubt.

often turns out to be less expensive in original costs and operating charges to have a central unit than separate coolers in each room. For example, it has been estimated that the operating costs of window units in general run from 50 percent to 70 percent more than the operating costs of a central unit producing the same amount of cooling. In either case, make sure the house is ready, economically, for air-conditioning. Not only will it make you more comfortable even if you don't have comfort cooling at first, but it will save you many dollars in the long run when you buy cooling: it will enable you to get a smaller unit with lower first cost and much lower operating costs,

Maximum insulation comes before anything else, in the ceiling or roof, the walls, and all floors over vented crawl spaces, that is, not over a basement or a slab. The best way to assure adequate insulation is to follow the new recommendations of the All-Weather Comfort Standard Committee, composed of representatives of [Continued on page 96]

#### Building

Given carte blanche, an interesting small house is probably no less difficult to design than a mansion, and when an architect may spend only a modest sum of money—and spend it stylishly within a limited area—he has his work cut out for him. That is why the house before you is remarkably worthy: first, for its canny use of only 1,670 square feet of space to produce a pleasant living room, a separate dining area, three bedrooms, two baths, an excellent kitchen with a breakfast corner, a patio and garage; second, for its extraordinary attention to good architectural detail. Nothing is sloughed over, there are no "blank spots," and every possible effort has been expended to make looking at the house as pleasant as living in it. Designed by David Torvestad Johnson, A.I.A., and built by Branden Enterprises in Hayward. California, it can be reproduced, without land, for \$12,995—an excellent example of getting full value for one's money.



# 1,670 square feet of good design small house, fine detail





# How a green thumb carved out a hillside

A landscape architect builds himself an oasis Life sea top abilities be.

tha inte Par des lute

had



#### house unadorned

The one advantage the Peart setting had to offer was that nothing had to be unplanted. The site was bare and singularly unpromising, with a wedge-shaped terrace area about twenty feet wide at one end and thirteen at the other destined to get the "well-known treatment"

Like residential architects and interior designers, landscape architects often feel that what might have been a top-notch job has been nipped in the bud by the unreasonable demands of an idiosyncratic client. Which may well be, and it is one of the reasons, certainly, why the work that any of these designers do for themselves is of great interest. For example: Paul J. Peart, AILA, of Monterey Park, California, is a landscape architect who recently designed the garden setting for his own home with absolutely no one to say him nay; he indulged all his whims, spent money where it would show to best advantage, and had himself a green-thumb field day in general. He also distinguished himself—not only for the sheer lushness of his planting, but for its extraordinary practicality. His major problem was the physical setting with which he had to work; his house sits on a tilted, pie-shaped lot—half-level, half-hillside. The two areal elements had to be blended and, at the same time, planted in a way that required little care; Paul is too busy being a watch dog for other people's gardens to pay much attention to his own. He also wanted an outdoor stage on which to display his wares—which means that people have to sit down—a pool, a waterfall, flowering planting beds and a utility yard. This is a tall order, and it was completely filled only by the assiduous planning required to transform a barren, desolate plot of ground into a small but luscious Eden.





barren hillside



unexploited level

Mr. Peart's first move to assure tolerably easy maintenance was to pave eighty percent of the terrace area with beige-colored concrete—simple to clean with a hose. Then, to eliminate the need for replanting each season, he used nothing but flowering, evergreen perennials for his shrubs and ground cover. All the planting boxes are of redwood, sandblasted for added texture, stained pale gray, and raised so they may be cultivated without stooping and to protect them from children and animals

A very definite continuity of design exists from the house itself, through the terrace and on up the hillside. Various devices were used to soften the break between the level area and the 45-foot slope: a raised deck in a hollow gouged out of the hill: varisized planting beds, tiny trees, luxuriant foliage and, as a kind of liquid catalyst, a waterfall that drops 35 feet into a series of saucerlike bowls surrounded by boulders of porous rock, pines and ferns



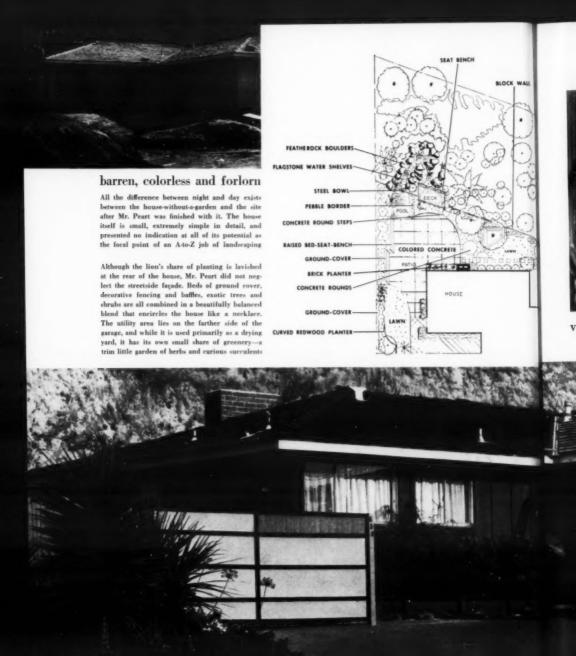














verdant, identified and welcoming

A great believer in coolth, Mr. Peart hoses down the concrete areas in front of and behind the house as often as possible; he finds that damp paving acts as an air-conditioner. He can also, at watering time, reduce the general temperature by as much as 15 degrees with four hillside sprinklers which play a very gentle, circular mist spray. Thus, even in the glare of the Californian sun, the house and its garden remain dewy, cool and with all the fabled promise of a desert mirage







The new look in picnics-local color plus imagination





A. From waiting to one ask to forget simplicit blends it ity of be an air of use of counterp redwood by Stetso John Hai Table set

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b. And cares? M for your doors in with lea Rememb days set mostalgic nun-dren over the summer. by Brain House of hurrica

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# Make your entertaining a

dining-we prefer to combine the pleasures of both. The fun of a picnic is its informality, its ease of preparation and its gay conviviality. The charm of outdoor dining lies in its handsomely set tables, its advantageous use of beautiful background settings and its delightful nearness to the kitchen-an open door to epicurean feasting. Actually, the great appeal of picnics lies in the sheer pleasure of dining out of doors. It's not necessary to find that old elm or running brook; why not use the back lawn, the porch of the beach house, the country terrace or the city patio-if you're lucky enough to have one. If you haven't, don't just brood about it: put yourself in a bucolic mood . . . fill the room with flowers . . . set your table country-style with colorful pottery and break-resistant dinnerware and then relax and enjoy it. That's what makes any kind of dining a real picnic!

lthough some people call it a picnic, some, outdoor

A. From a dip in the ocean to a waiting table . . . what more could one ask than this open invitation to forget the rush of the city? The simplicity of the table setting blends ideally with the informality of beach life and yet retains an air of excitement through the use of colors that are a perfect counterpoint to the tones of the redwood. Misty Pine dinnerware by Stetson; tablecloth, Jofa fabric; John Hancock redwood furniture; Table settings by Staniford Squire

C. Turn your table into a horn of plenty and let the sun high-light the colors of your dinnerware, set your stainless-steel to gleaming like magic and turn the waiting glasses into prisms of light. Take advantage of all decorative details that are part of the scene in which you live-like the coral, sea shell and beach lantern-and your picnics will be the talk of the beach. Dinnerware: Sumoc by Mallory; flatware: Gentry stainless-steel; Morgantownerystal-clear stemware

#### PICNIC FOR FUN

\*London Broil with Kraut Relish Onion Buttered Bread Frosted Grapes and Cheese Wedges Coffee or \*Dutch Banana Treat

B. And if it should rain, who cares? Make a garland of daisies for your table and bring the outdoors indoors. Fill the fireplace with leaves and voilà-a picnic! Remember this trick when cold days set in and you're thinking nostalgically of mountain air or sun-drenched beaches. Put a grille over the fire and winter turns into summer. Dinnerware: Tip Top by Branchell; flatware: Ranch House stainless steel by Robeson; hurricane shade is by Blenko D. Any hosters would have the right to crow about this inventive table setting. The straw rooster will get your picnic off to a gay start, aided by good food to whet the appetite and striking colors to titillate the eye. In this case, care was taken to establish a color-rapport between table and terrace furniture. Dinnerware: Blue Spray by Prolon; table linen: Topsail by Wellington-Sears; cushions: U.S. Naugahyde; dinnerware, Melmac melamine throughout

#### \*LONDON BROIL WITH KRAUT RELISH

2 cups sauerkraut

1/3 cup mayonnaise

2 tablespoons chopped chives

pimiento strips

2 cups sliced mushrooms 1/4 cup butter

2 tablespoons chopped pimiento 21/2 pounds beef flank steak salt and pepper

- · Drain kraut; reserve juice.
- · Combine drained kraut, mayonnaise, chives and 2 tablespoons chopped pimiento; mix well.

# Make your entertaining a DICNIC

- · Garnish with pimiento strips. Chill.
- Combine kraut juice, mushrooms and butter; mix well.
   Allow mushroom mixture to stand 1 hour.
- · Sprinkle flank steak with salt and pepper.
- · Broil on grill 5 to 8 minutes on each side.
- · Top with mushroom mixture and grill for 2 to 3 minutes.
- · Serve steak with kraut relish.
- · Serves 6.

#### \*DUTCH BANANA TREAT

3 cups milk 2 ripe medium-size bananas 34 cup instant Dutch chocolate flavored mix

- Combine all ingredients in deep bowl; beat with rotary beater or electric mixer until well-blended. Or . . . combine one-half of all ingredients in electric blender; blend for 1 minute. Repeat with remaining ingredients.
- · Pour into tall plastic pitcher for serving.
- · Serves 4.

#### FAMILY PICNIC

Carrot and Green Pepper Sticks
\*Ten-Minute Kabobs
\*Onion and Green Bean Salad
Herbed French Bread
Melon Cubes
Coffee or Milk

#### \*TEN-MINUTE KABOBS

I cup pimiento-stuffed green olives

1 cup celery (2-inch pieces) 1 8-ounce-can tomato sauce

I pound cubed veal shoulder

1/2 teaspoon orégano

- · Arrange olives, veal and celery on 6 skewers.
- · Combine remaining ingredients; mix well.
- · Brush kabobs with tomato mixture.
- · Broil or grill 5 minutes on each side, or until veal is done.
- Brush kabobs with tomato mixture frequently during cooking period.
- Heat remaining tomato mixture to serving temperature and serve with kabobs.
- · Serves 6.

The epitome of informal yet impressive dining, this setting is dramatized by the blue of the tumblers, the pink of dinnerware and the baskets of forget-me-nots. Dinnerware: Pink Hyacinth by Brookpark; flatware: Strasbourg sterling by Gorham; tumblers and pitcher by Blenko; Belgian table linens





#### \*ONION AND GREEN BEAN SALAD

1 can whole green beans garlic French
1 large, mild onion dressing

- · Drain beans and place in serving dish.
- · Slice onion thinly and combine with beans.
- · Pour garlic French dressing over vegetables and toss lightly.
- · Chill well before serving.
- · Yield: 4 servings.

#### IMPROMPTU PICNIC

\*Double Cheese Stacks

\*Lemon Olive Slaw

Fresh Strawberries and Vanilla Ice Cream
Instant Iced Coffee or Tea

#### \*DOUBLE CHEESE STACKS

2 loaves French bread 6 (1½ ounces) portions Camembert cheese ¼ pound salami, sliced 4 (1 ounce) portions Gruyère cheese, sliced

1 medium-size cucumber, thinly sliced

mustard

- Slice both loaves French bread in half, lengthwise.
- Spread each half with 1½ portions Camembert cheese.
- Arrange salami, cheese and cucumber slices on each bottom portion of bread.
- · Spread with mustard. Cover each with top of loaf.
- · Cut each sandwich in half, crosswise.
- · Serves 4.

#### \*LEMON OLIVE SLAW

4 cups shredded cabbage ½ cup sliced celery ½ cup diced radishes

green olives

1/2 cup sliced pimiento-stuffed

½ cup mayonnaise I tablespoon lemon juice ¾ teaspoon onion salt

salt and pepper to taste

- Combine cabbage, celery, radishes and olives; toss lightly and chill.
- · Combine mayonnaise, lemon juice and onion salt; blend.
- Add dressing mixture to cabbage mixture; toss lightly but thoroughly.
- · Season with salt and pepper.
- · Yield: 4 to 6 servings.

#### PARTY PICNIC

\*Barbecued Duck Sweet Noilly
\*Mosaic Salad
Toasted Garlic-Buttered Bread Sticks
Fresh Fruit Boiel
Iced Coffee or Tea

[Continued on the next page]

See page 94 for barbecue accessories

#### \*BARBECUED DUCK SWEET NOILLY

4-5 pound duck
½ cup sweet vermouth
I teaspoon powdered cumin
I teaspoon salt
I tablespoon honey
I small onion

fresh parsley sprigs

Wash duck under cold running water; thoroughly dry inside and out with paper towel.

 Combine vermouth, cumin, salt and honey in small bowl for basting sauce.

 Rub duck, using pastry brush with basting sauce.

 Place peeled onion, several sprigs of parsley and 1 tablespoon of sauce inside duck.

 Fasten opening securely with skewers and lace shut.
 Impale on spit of barbecue or

rotisserie.

• Place roasting pan under duck

to catch drippings.

Roast 1½ to 2 hours on rotating

spit over moderate heat.

• Brush duck often with sauce.

 When duck is roasted, pour off all excess fat and combine remaining dark essence with any remaining basting sauce.

Heat until it bubbles.
Serve sauce over sliced duck.

· Yield: 4 to 6 servings.

#### \*MOSAIC SALAD

This salad travels easily in its own container.

4 envelopes unflavored gelatin

1/2 cup cold water
1/2 cup lemon juice
2 tablespoons sugar
1/2 cup sliced pimiento-stuffed
green olives
1/2 cup chapped green pepper

½ cup chopped green pepper ¼ cup finely chopped celery ½ cup grated carrot

I quart tomato juice dash Tabasco

1½ teaspoons onion salt ¾ teaspoon basil salt and pepper to taste salad greens

 Soften I envelope gelatin in water, add lemon juice, sugar.

Cook over low heat, stirring frequently, until gelatin dissolves.
 Chill until slightly thickened.

 Chill until slightly thickened.
 Arrange olives in bottom of 8inch-square pan.

 Add green pepper, celery and carrot to chilled lemon juice mixture; mix well.

Pour over olives; chill until firm.
Soften 3 envelopes gelatin in

1½ cups tomato juice, set aside.
 Combine remaining tomato juice and ingredients in two-quart saucepan; heat to boiling point.

 Add tomato-gelatin mixture to hot tomato juice; stir until gelatin is dissolved.

· Chill until slightly thickened.

Pour over olive mixture.
 Chill until firm.

Chill until firm.
 To serve: cut in squares and

garnish with crisp salad greens.

• Yield: 6 to 8 servings.

If you're planning on toting your pienic basket to a nearby brook or the beach try some of these:

Crisp raw relishes wrapped in aluminum foil or plastic wrap. Finger salads: water-cress bouquet, lettuce leaves rolled through green pepper rings, cucumbers stuffed with cheese (blue), marinated mushrooms, deviled eggs, watermelon pickle.

Buttered biscuits, saltines, cheese crackers, bite-size bran muffins, corn sticks.

Fried chicken, individual servings; spiced meat slices rolled around gherkins; meat or fish salad sandwiches.

Dates stuffed with candied ginger, fresh fruit, molasses or sugar cookies, pound-cake strips rolled in coconut, foil-wrapped cheese wedges.

If you have a harbecue or grill, try some of the following recipes to vary your menus:

#### CHARCOAL GRILLED CHICKEN LEGS WITH WINE BARBECUE SAUCE

1 cup salad oil 3 medium onions, grated 1 clove garlie, crushed

l clove garlie, crushed l tablespoon salt

1/4 teaspoon thyme
1/4 teaspoon rosemary

1/4 teaspoon rosemary
I teaspoon black pepper

I teaspoon paprika I cup New York State Burgundy 12 chicken legs

 Combine all ingredients except chicken legs; mix well.

 Place in covered jar, let stand overnight at room temperature.

Stir vigorously just before using.
 Marinate chicken legs in sauce one to two hours, turning occa-

sionally.

Drain legs and pour sauce into small pan.

 Cover each leg bone with a frill of double thickness of heavyduty aluminum foil.

 Grill over charcoal, turning often and basting liberally with sauce.

 Cook about 30 minutes or until thoroughly done.

#### STEAK COPENHAGEN

Baste your favorite cut of steak while it grills with a sauce made of the following ingredients:

½ cup Danish Cherry Kijafa

2 tablespoons melted butter 1 tablespoon Worcestershire ½ teaspoon marjoram 1 crushed garlic clove ½ teaspoon black pepper

Combine ingredients and simmer just until well-blended.

mer just until well-blended.

Baste steak often as it grills.

2 teaspoons salt

 Reserve some of the sauce to serve as an accompaniment.

#### GLAZED CHICKEN

1 broiler-fryer chicken 1½ tablespoons vinegar ¼ cup olive oil 2 teaspoons powdered cumin

1 or 2 garlic cloves, crushed 2 tablespoons honey 1 teaspoon salt

 Cut chicken into serving-size pieces.
 Combine vinegar, olive oil, cum-

in, garlic, honey and salt.

Marinate chicken in sauce for several hours.

 Barbecue over charcoal in the usual way, brushing with some of the marinade as it grills.

 Turn once and grill on each side about 15 to 20 minutes, or until done.

· Serves 6.

#### GRILLED ZUCCHINI SQUASH

6 small zuechini squash salt and pepper

1 package onion-soup mix 1 pint commercial sour cream

 Slice zuechini and season with salt and pepper.

Wrap and seal in aluminum foil.
Cook on grille about 45 minutes.

 Just before serving combine onion-soup mix and sour cream;

 To serve: pour sour-cream mixture over zucchini.

· Yield: 6 servings.

#### SPINACH FOILS

butter I package frozen spinach

I tablespoon soft butter
I tablespoon parsley clusters
½ teaspoon dried tarragon
¼ teaspoon salt
dash pepper

1 teaspoon lemon juice 2 teaspoons flour

1/4 cup heavy cream, heated

 Butter a large square of aluminum foil generously.

Place frozen spinach in center.
 Combine remaining ingredients in blender.

Blend on high speed for 10 seconds.

 Pour contents over frozen spinach and wrap carefully in the foil like an envelope, sealing all edges with a triple fold.

 Place on rack over hot coals and cook for about 1 hour, turning package every 15 minutes.

· Yield: 3 to 4 servings.

#### BARBECUED SALMON

1-pound-can salmon
1½ cups soft bread-crumbs
1 tablespoon finely sliced
scallions

3 tablespoons chopped parsley 1/2 teaspoon dry mustard

½ teaspoon salt dash of pepper

2 tablespoons minced green pepper

1 egg
½ cup milk
½ cup chili sauce
1 tablespoon chopped chives
1 teaspoon chopped fresh dill

dash of cayenne

Drain salmon and break it into small pieces.

 Add bread-crumbs, scallions, 2 tablespoons chopped parsley, dry mustard, salt, pepper and green pepper.

 Combine egg and milk; beat well and add to salmon mixture.

Mix thoroughly and form into 6 patties.

 Generously grease 6 squares of aluminum foil and place a patty in center of each square.

 Combine chili sauce, 1 tablespoon chopped parsley, chives, fresh dill and cayenne.

 Divide and spread sauce over top of each salmon patty.

 Wrap patties and sauce carefully in the foil like small envelopes, sealing all edges with a triple fold.

 Place on rack over hot coals and cook for 1 hour, turning packages every 15 minutes.

· Serve hot from the grille.

#### GRILLED CORN ON THE COB

ears of corn bacon strips melted butter

 Husk ears of corn and tie each ear with a strip of bacon.

· Brush with melted butter.

 Place over heated grille, turning frequently, for about 15 minutes or until done.

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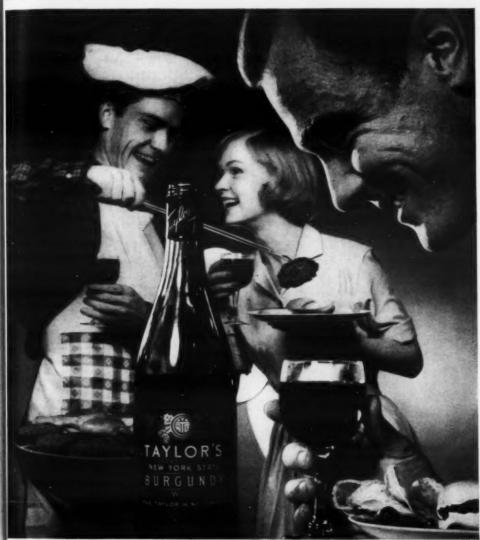
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### A profusion of pictures

[Continued from page 59]

Undoubtedly, the best single aid to simple picture-hanging is that great American institution, the ten-cent store. There, for a pittance, the means may be purchased for hanging anything from a tiny ornament to a hundred-pound mirror. Here, for instance, together with the familiar staples, copper and steel wire, are gummed cloth

hangers, one (left, top) by Dennison; one (left, bottom) by Evergrip; two (center) by Jiffy; three upholstery nails by Met-L-Art; a variety of hooks by Evergrip; and a 100-pound hanger by Moore Push-Pin (below, right)





Ornamental hangers are so diverse in design that it is quite possible to choose a hanger to suit the picture. At left, three plaques hang from a bowknot of pressed wood (ornamental woodworking shops have these), a brass fleur-de-lis and ring (Empire Notion) hold an old print

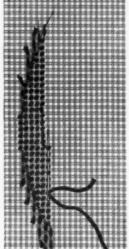
A pencil drawing with its two pheasants in bright color is held in a ten-cent-store frame and suspended on grosgrain ribbon from a pretty little Empire Notion brass rosette





Bowknots of pressed wood not only hold but compliment a lady in the manner of Goya

The timeless stitch [Continued from page 54]

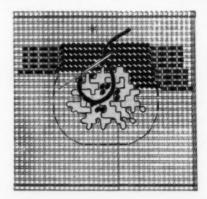


#### To begin and end a row of needle point:

Enter needle at lower right-hand corner of canvas, 5 large mesh squares below marked outline, weave in and out until you bring the needle out into the sixth large mesh; then work to the right over 2 strands of canvas and repeat until row is finished. Then enter needle into first large mesh above your outline and weave in and out in the large squares. Bring needle out in the sixth mesh and clip the yarn 1/3" from canvas, This provides a completely firm anchorage for the yarn-ends, When changing colors in the middle of a row, reverse the needle's direction and slip the yarn under four or five loops, and clip. A new color may be started in the same manner, but in the proper direction: anchor the yarn to loops in adjacent row, or simply leave a short length of yarn and stitch it into place as you proceed with whatever stitch you are using

#### Continental stitch:

This is a very old stitch much used in Europe and preferred by some people for upholstery pieces. It looks exactly the same on the right side as the simplified half stitch, but quite different in reverse because the entire back of the canvas is solid with yarn. Hence its increased strength and durability. First row: Begin in upper righthand corner of canvas and work horizontally, Anchor varn properly, then draw needle to right side of canvas in first mesh of area to he worked. Insert needle one mesh to right in row above and with one motion bring needle up in mesh directly left of first mesh where varn is drawn to right side. Continue across row, then anchor yarn and clip. Second row: Anchor varn on right-hand side of canvas, then draw needle to right side of canvas in first mesh of area to be worked. Insert needle one mesh to right in row above (in same mesh as stitch in previous row). Repeat as in row 1; finish row, anchor, then clip



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The timeless stitch [Continued from page 52]

then perforating the lines of the design with pinpricks. Next, anchor the design to the canvas with paper clips, and, with India ink, ink each hole in the tracing paper until the design has been transferred to the canvas. Remove paper, and fill in the sections of the design with colored crayon, choosing colors you will later match with yarns. Take your canvas to a needle-craft shop, where the salesperson will estimate the amount of varn you will need. You will also need #18 blunt-point tapestry needles, and, if you plan any part of your canvas in petit point, petit-point needles-smaller and sharper. Gros point, or the simplified half-cross stitch, is the standard stitch, and the one most commonly used. The petit-point stitch is only half the size of gros point, and the work involved is exacting, rather than relaxing. If you like, you may work with a thimble, and you will need a small seissors to cut yarn. The yarn itself comes in skeins; cut through the loops in one end of the skein, then tie a loose knot in the center of the skein so lengths are easily removed. Some people like to work with only half a length, some with a whole one. Choose whichever you find works best for you. Remember to buy canvas at least 2 inches deeper at each cut end than your design, with background, will be. Protect these edges from fraying with masking tape. The other two sides are already protected by selvages.

Now you're ready to go to work; study the illustrations on pages 54 and 88, and then, if you have any misgivings at all, ask anyone you know who is an old hand at the game to get you started. Almost always, the beginner must be shown, and one easy lesson will usually do the trick. Don't be alarmed at occasional mistakes; almost always, they can be rectified.

To block needle point: Your canvas is now finished and quite possibly looks like it had been through the Indian Wars. You can have it blocked professionally, or do it yourself, thus: take a piece of plywood, or a bedboard, or anything 6 inches larger on all sides than your canvas and that will hold tacks. Pencil on the board the original outline measurements of your piece, measuring so that you are an equal distance from each end and side, using a yardstick or ruler so lines will be true. Have at hand long, sharp, rustproof tacks. Wet the canvas thoroughly in lukewarm water, then press out excess water with a towel. Place the canvas wrong-side-out over the pencil-marked area, and beginning at the lower right-hand corner, stretch hard-you won't hurt the canvas. Bring the outside edges of the actual needle point to the pencil lines, and as you stretch, drive tacks in the unworked canvas border about 6 inches apart. Then go back and drive in enough tacks so the wet canvas is straight on all sides. Once tacked, sponge off excess water and put canvas aside to dry-it may take two

days. Then press with a moderately warm iron and remove tacks. Cut away canvas to within 2 inches of the finished design and you are ready to mount your work.

To mount needle point: If a 'picture," fit the needle point over a stiff piece of cardboard and put it in a frame-if you have one that fits-or have it framed. If a seat cover, stretch blocked piece over the muslin-covered seat, and keeping it taut, tack. Then bring edges under and tack; finish with gimp and either invisible or brass upholsterer's tacks at bottom edge. If a piece of apparel or an accessory, outline the shape when you block, line with a matching or contrasting color, stitching needle point and lining together by machine. Slippers, of course, have to be assembled by a shoemaker.

Acknowledgements: Bucilla Needlepoint; Harper & Bros. for the drawings from their book, Needlepoint Made Easy; Alice Maynard, Inc.; footstool by Victorian Furniture Corp., Montgomery, Ala.



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[Continued from page 57]





A leftover roll of wallpaper in the attic was transformed into an unusually effective picture—ideal for the bedroom and also admirably suited to groupings in other rooms. It was pasted to a mat (use anything stiff enough to hold its shape) and bordered with antique gold braid (15¢ to \$1.00 a yard). In order to give it depth and a greater sense of importance, two frames were used, one frame within the other, \$1.00 each from the thrift shop

Many old books in secondhand stores frequently contain a wealth of photographs that make striking pictures. Although we found these bird prints in an old book, we discovered they can be bought at print shops for 50¢ each, Here, they are combined to form a picture with innumerable possibilities, since it is equally at home in library, foyer or living room. The photographs were cut in circular shape for variance and



interest. Mat is dark velvet—a classic background for prints; border is antique braid used to high-light vivid colors of the birds. The frame came from another secondhand store for \$1.50; and we found that green paint had been rubbed into it—a pure stroke of luck. Since this was the color of the velvet matting, it became a perfect blend





We started out with blue velvet which was mounted on a conventional mat, cut out the figures from a Godey-type print and pasted them on the velvet. The lacy border is actually the outer edge of a place mat from a sandwich shop. It adds an extra dimension to the figures and contributes a Valentine-ish quality that is in perfect keeping with the style of the costumes. The overall frame came from a shelf where it had been gathering dust and memories, all of which disappeared under a spray of gleaming white paint



The plate was mounted in a wood frame (approximately \$3.50) which had been painted red and gold. The mat was then covered with silver tea paper (\$1.50 a sheet) and a hole cut out where the plate was inserted. The frame, salvaged from a junk shop for \$2.00, carries out

the lustrous red-gold color scheme



The exquisite workmanship of this rare antique-rose medallion plate went unheralded and unsung until it was brought to life in this new, dramatic presentation

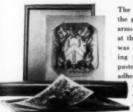


For this treasure, we found a shadow box made of plywood which we matted with velvet and fronted with a \$2.00 black frame. In the meantime, a trip to the ten-cent store netted a milk-glass container, flowers and a mirror framed in plastic. We removed the mirror, covered the msi with velvet and then wired the urn to the mat by cutting a small hole in the

lip of the urn and circling the base with fine wire. Now encased in its oval frame, the mat holding the milk glass was glued to the back of the shadow box. The flowers were arranged, and there it was: an original picture with a look as fresh as early spring Livino

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The two smaller pictures in the group below are coats of arms from an old book (50¢ at the print shop). The mat was covered with self-adhering paper and the pictures pasted to the mat. Gold selfadhering tape, used as a border, heightened the

der, heightened the dramatic effect of the coat of arms. The larger picture is unique for it

is made completely of fabric. The central scene was taken from a pair of draperies and bordered with a stripe cut from another fabric. When you glue the fabric, follow this process: spray the back with silicone and allow to dry. Apply glue, attach to mat. Silicone will prevent the glue from seeping through





If you have an antique brooch around the house and don't often wear it, then frame it: you'll have a highly individualistic picture. Ours is attached to a velvet mat and recessed in a gilded frame that we picked up for \$3.00. This, in turn, is mounted on a velvet-covered mat and set in another gold frame



#### **Curtain Going Up**

Right now the "straw hat" season is in full swing. In converted barns, under tents, in auditoriums all over America, amateur and professional actors are bringing the theater to appreciative audiences. The fare is varied enough to please most tastes with offerings ranging from Shakespeare to Broadway musicals.

Some areas feature "name" stars who tour the summer circuit, supported by local stock companies. In a festive and inviting atmosphere, theater-goers are treated to expertly staged productions. Working with a limited budget, the local company creates stage scenery that is surprisingly believable. A setting for a drawing room play is so charmingly decorated, it might be out of your own home. Attention to such details adds importantly to the action of the play...as it can to the daily drama in your home.

There are striking similarities between the setting of a play and that of your home. Each seeks to create an atmoephere. In the theater it is for illusion, while in your home t makes family living and entertaining more enjoyable.

Color and design play a big part in establishing the right mood. Both are easy to come by through one decorative means...Imperial wallpaper. From textures to scenics there is a wide choice for every room. The performance is just as outstanding. Imperial wallpapers are guaranteed washable and color fast. Many are modest in price. With Imperial as the background, the setting in your home is well staged. This week, see your Imperial dealer and for a delightful evening, visit a summer theater.

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#### IMPERIAL COLOR CHEMICAL & PAPER Glens Falls, New York

a department of Hercules Powder Company





By KEN MacDONALD

# Garden structures embrace new forms

A group of young Californians

with bright ideas create a

prize-winning garden-retreat



Consulting architect, David Thorne, of Berkeley, and Jon Emerson discuss the placement of planter boxes during the initial stages of the construction. Planned in great detail months before the actual construction work started, it was a fairly simple process for the Landscape Design Club students to erect the garden structure

Leveling steel frames is, according to these two members of the club, as uncomplicated as turning a bolt. Here, they fasten a steel column to a level horizontal frame with a half-inch diameter bolt. Steelwork by Bethlehem Pacific Coast Steel



Using only these simple tools, plus their skill, enthusiasm and love of gardening, these five students erected the prize-winning structure. Young design club members (left to right) are Mike Pahos, Jack Walker, Jon Emerson, Robert Reiland and Edward Holubowich, club president









b. 63

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City State

#### Family forum

[Continued from page 18]

George, the only son of a devoted mother, had always had what he wanted, and the world, during those important formative years had been his oyster; so when it came to relinquishing his accustomed freedom to help Marian or even spend more time with the children, he refused. Further, he unwittingly compared his wife to his mother who had been strictly a "home body," and to aggravate this condition, he resented Marian's preoccupation with her outside activities which he felt encroached on time that was "due him."

Marian, on the other hand, had always been accustomed to being in the limelight. Praised by her parents for her many high school and college interests, she grew into adulthood seeking the same kind of praise by gravitating towardorganizations—a type of activity which, by her own admission, took up a great deal of time. George resented this and withheld his praise from her.

To assume adult roles in today's society . . . to learn that in understanding and compromise there is strength . . . to adjust to the natural demands of marriage: these were some of the basic principles that George and Marian Cardwell faced and tried to inculeate into their own lives. Slowly they dropped their roles of "accuser and accused"; and under the guidance of the counselor, made a genuine attempt to understand not only their own, but each other's motivations. The result: Change was not easy and it took a long time before the Cardwells were able to settle their difficulties and retrieve what they had lost. Occasionally there were setbacks, but once they had learned to communicate-to discuss their problems as honestly and calmly as possible-life in the Cardwell home began to take on some semblance of normality. Aware that her husband's need for attention was as great as her own need for approval, Marian concentrated on one outside activity, using her excess energy in directions that were centered around her family life. George's resentment against his wife disappeared and changed to pride as he watched her honest efforts to do her part in reaching a solution. Gradually they began to do things together. The time spent in warring now became time spent with the children, and Michael, now secure and no longer feeling isolated, had no need to create further disturbances.

Keep your barbecue chef humming happily with these new

and efficient products at his beck and call, and watch his disposition improve along with the steaks. Smartly designed and easy to clean, they'll give barbecuing that

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Chef from Nesco. Plastic-

coated paper plates by Lily

Season food easily over hot coals with long-handled saltand-pepper shakers. Hamburger press and shakers. Androck. Barbe-Cues seasoning set by John Wagner





[Continued on page 98]

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### Linens that go a-picnicking

can turn your outing into a lark

A blessing to every picnicker is a he-mansized napkin. This
one, matching
the Salari Belgian
linen tableeloth by
Leacock is a 24-inch
square that will brighten
a picnic and cut down on
cleaning bills. Flamestone
casserole by Dansk Designs;
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CHARLES VAN MAANE



Center of attraction is this brightly checkered tablecloth that can be kept clean as a whistle with a swish of a damp sponge. Practical as well as attractive, it's a boon to housewives at home and abroad. Vinyl-laminated tablecloth by Bucilla; Poppytrail artware by Metlox

Whether you're serving your lobster casserole-style or lusciously broiled, your guests will sing your praises if you supply them with these holdly striped bibs. If it's a picnic or a harbecue, those shirt fronts will stay wonderfully clean. Burbequettes tablecloth and bib hy Quaker Lace; Poppytrail artware by Metlox



#### Rx for living

[Continued from page 14]

the limb with strips of cloth. Call your doctor before rushing to his office, as he may want you to meet him at the hospital where X-ray facilities are available. Also, he can instruct you if further emergency treatment is necessary for the particular injury.

Insect bites and stings: Bee and wasp stings, although painful, are not usually dangerous, unless many stings are present, or the child is allergic to the venom. The stinger, if left in the wound, should be pressed out (not pulled out), and either a diluted solution (one-half water) of household ammonia or a baking-powder paste applied to the wound. Chiggers and mosquitoes are common troublemakers, Calamine lotion will relieve the itching of mosquito bites; a camphor and menthol ointment will alleviate much discomfort of chigger bites.

Poisonous plants: Poison ivy, poison oak and poison sumac are the cause of much summer distress, particularly among children. If it is known that the child was exposed to any of these plants, he should be bathed as soon as possible with a strong, yellow laundry soap. Calamine lotion may relieve the itching. However, if discomfort persists, apply a wet compress of Burow's solution, diluted one part to about twenty-five parts of water, for twenty-minute periods.

Sunburn: Sunburn is easily prevented by limiting the amount of time of initial exposure. However, if sunburn has occurred, a long, warm tub bath, followed by the application of vinegar, will bring relief. Severe sunburn may produce chills, nausea, weakness and marked pain, and would, in such cases, require medical attention. In mild sunburn, cold cream, salad oil or shortening will relieve the pain. Do not apply butter or oleo. The child should not be exposed to the sun again until healed.

Artificial respiration: Water sports are extremely popular during the summer months, and although we do not anticipate water accidents, they can and do happen. Therefore, everyone should be prepared to administer artificial respiration, should the necessity for it arise. The most effective method of administration has been found to be the mouth-to-mouth technique of resuscitation. Instructions for this technique, prepared by the American National Red Cross, are available from your local chapter.

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#### Plan your home improvement [III]

[Continued from page 73]

the utilities, equipment manufacturers, insulation and glassmakers. The recommendations are highly technical, but you should know them so that you can tell your contractor exactly what you want. For roofs or ceilings, there should be enough insulation so that the total cross-section of the area-shingles, sheathing, insulation and ceilingwill have a U factor of 0.05. This means that only 5/100th of a btu of heat will get in in summer or escape in winter, per square foot, per degree difference between the warm and cool sides. For walls and floors, the recommendation is a U of 0.07. No matter if you want mineral wool or reflective insulation, or any other kind: so long as your contractor will guarantee that he puts in enough to result in the U factors stated, you will be sure of having a house economically ready for air-conditioning. And you'll save a sizable amount on your heating bill, too, and be more comfortable at all times.

But that isn't all. In addition to insulating your house thoroughly, do everything else suggested under maintenance, except providing screens, which you won't need if you have year-round comfort conditioning or summer cooling. Provide natural or artificial shade over windows and doors: use white or light colors for exterior walls and roofs; and have adequate exhaust ventilation in attics, kitchens, baths and laundries, to reduce build-up of heat and humidity. And if you are going to have a central cooling system, as we advise, weather-strip your windows and get storm windows as well, since these two devices will cut heat gain just as dramatically in the summer as they reduce heat loss in the winter.

Once you have all these things done, you can have your air-cooling requirements figured. It is perfectly true, of course, that you can have central or room air-conditioning without all the special treatments suggested above, but it will be costly. Talk over the comparative outlays with a reputable airconditioning contractor or two, and check with a builder or an architect as well, if you can.

The actual selection of your cooling equipment will depend on many factors, primarily what the conditions are in your house. Some major points to discuss with your contractor follow.

1. If you have warm-air heat, either gravity or forced, should you use your present ductwork for the distribution of your cooled air? In some instances, your contractor will tell you that you can, simply by changing the kind of registers or diffusers so that they can direct the cooled air differently from the way the warm air is forced in the winter. In other cases, the dealer may figure that a cooling layout may be more effective and indeed perhaps more economical in the long run if you have a separate cooling unit in the attic, with separate prefabricated self-insulating and self-moisture proofing ducts. Of course, if the contractor decides to use your existing duct system, make sure that all the ducts passing through non-cooled areas like attics, crawl spaces, etc., are wellinsulated and provided with an impermeable vapor barrier.

2. If you have hydronic heati.e., steam or hot water-you can adapt it to summer cooling, too, by insulating all pipes (not just those passing through nonair-conditioned spaces) with one of the new, flexible spongelike materials that are practically perfect vapor barriers. This may be expensive and messy if many of your pipes are concealed in walls or floors: but if they are mainly in the cellar or crawl space, and you do not have to rip up a lot of wall or floor area to get to them, you can add a water chiller to your boiler unit, and replace your radiators with neat fancoil units that will both heat and cool you with comfort and efficiency. A separate air-cooling system will be indicated, though, if most of the heating pipes are hid-

den in the structure of the house. 3. If you have gas heat, consider buying an add-on gas-fired absorption cooling unit, very new on the market. You'll only have one fuel to cope with, and that ordinarily at a more economical rate than your local electricity.

4. In planning to upgrade your house with cooling, consider the value of zoning with separate thermostats. In a smaller house, two

zones will do-one for the daytime living areas, the other for the nighttime sleeping rooms. No point in cooling both areas 24 hours a day. And in larger houses, the zones can be broken down into more specialized groups of rooms, if you wish.

5. Select your air-conditioning contractor with care and, if possible, get bids from at least two, preferably three, different ones. In employing a contractor, make sure that the cooling equipment he handles bears the seal of the Air Conditioning and Refrigeration Institute (ARI), which certifies the performance of all high-quality central (or "packaged" or "unitary") units for the home, but not the smaller window units, and not the ductwork or piping that distributes the cooled air from the central unit throughout the house. The Institute's seal means that the equipment will produce the amount of cooling that is claimed, and that it is basically a quality product.

6. Finally, we have to face the fact that upgrading sometimes must mean total replacement of your system of conditioning aira new furnace as well as added summer cooling. This will be true in particular if the house is fairly old and the furnace prone to break down. If such a replacement is necessary, why not buy a new unit which is designed for year-round air-conditioning, rather than merely another furnace? Most large companies make specially-designed "unitary" or "packaged" heatingcooling units, and since they are precisely designed for the purpose are likely to operate more efficiently and also more quietly than addon cooling units. If you want to upgrade by stages, you can get the new unit without the cooling sections, and buy them as soon as you can afford them. Or if you live in the region near or below the Mason-Dixon Line, you may find it operationally wise to install what the trade calls a "heat pump," which is simply a reversible airconditioner. Heat pumps are electric powered; they take heat out of the house in the summer, thus cooling the air, and in winter are reversed so that they extract heat from the "cold" outdoor air to

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A classic print from an old book and a frame found in the attic make a handsome pair when hung from a fluted, pressed-wood medallion

Twin sea shells of pressed wood hold the little print of an old English castle, below, left. At its right, a charming floral motif cut from wallpaper is framed in gilt and hung from a brass keyhole plate salvaged from an old and derelict chest



Magazines often yield such treasures as this good-looking reproduction: once framed, it quite belies its source. The "hood" is a four-pointed brass star: Skinner

neat trick to hold a picture beeen two pieces of glass is illed a Braquette: two plastic imps fit over the glass panes: rd tightens for proper tension







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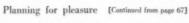
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easily accessible. Outer clothing that may be needed in the cool early morning will also be kept in this pack. One convenient outer garment is a child's sweat shirt with an attached hood. It is warm but has less bulk than a coat.

As in all things with small children, expect the unexpected. On one unforgettable trip, clothing for our two-year-old child was packed with the thought that most spills will occur on the upper half of the child. Spare shirts were thus packed but no spare trousers. Of course, the shirt remained clean, while many things, ice cream, grape juice, chocolate candy and one full glass of milk became a part of the trousers. We devised makeshift trousers by putting the child's legs through the arms of a sweat shirt and tying a string around the waist to hold it in place. Strange glances were received when carrying our child about in this attire. Once the children are dressed for the day, the night clothing as well as the emergency pack of clothing can be placed under the sleeping platform.

Finding space in your busy car on which to dress an infant may present a problem. Keep clothing as simple as can be arranged. If you are going through weather that permits, dress him in only a shirt and diapers, keeping a sunsuit or coveralls accessible should you decide to get out of the car. We have found the most inexpensive fabric diapers available to be a better buy for a traveling baby than disposable diapers. The wet diapers are kept in a large plastic bag and can be washed by hand at night or at a local laundromat, while the soiled diapers are disposed of at the first possible chance.

The second and perhaps most important package in the car is food for the day. Although it is a good experience for the family to eat in restaurants occasionally, we believe vacations are not the time for such exposure. Our little dears who act like perfect gentlemen when taken to an occasional restaurant, act like wild stallions if allowed in restaurants for their meals during an auto trip. We may stop for snacks for the sake of the driver, but limit these stops to coffee shops. Breakfast and lunch are eaten in the car or at a roadside table; and because of our predawn schedule, we are off the highways early in the day and suppers are taken in the motel or at the camping site.

There are a few essentials that

must always be available in a fool pack. Some of these are a can oper er, salt-and-pepper shakers, a or tainer of sugar, a sharp knife (we find a large, folding pocket-type knife the safest) and a few piece of flatware-either forks or spo for each member of the family. In keep dishwashing to a minimus use paper plates and cups. Small luncheon-size paper plates and the five-ounce paper cup are easier to handle. If your children as very small, plastic cups, especially the nontip variety, are a bette solution. With young children, you will need a supply of bibs; those with the catchall pockets at the bottom are best. The bibs can be washed and hung on the inside door handle to dry at the end of each meal.

Car meals must be simple yet interesting and nourishing. Cossider only light meals appealing a your family's food likes. Snacking along the highway is a means of entertaining little hands while filling little through while filling little through while filling little through the snacks wisely, using such items a crackers, cheese, cereals and fruit, and your meals will become more informal. Do as much shopping at home as possible, then pick up perishable foods at grocery stores when you stop for the night.

Feeding a baby in a car is a relatively simple matter, and of course he will always let you know at just which hours he prefers his meals. Buy all the food you would expect him to eat for the entire trip but keep in the main body of the car only the food to be eaten for that day. If you are using the canned baby foods, feed only one jar of food at a time. If you wish to heat it before opening, place the jar in the sunlight or in the warm air currents about the car. The heater on our car throws hot air from under the driver's seat. A bottle placed in front of this air stream is warmed to a perfect temperature in a matter of minutes. This may be uncomfortable to the driver going through Texas in August, but it is less painful than the wails of his child. Restaurants are very helpful in warming baby food, but don't count on the baby to be so considerate as to be hungry when you are going through

The third package, toys for the day, will undoubtedly be considered by your children as the most important package in the car. Shopping for this can be inexpensively done weeks in advance. For about



in cooking over the fire, an assortment of Silver Steed chrome barbecue tools with black hardwood tapered handles. Leather thongs for easy hanging, by Everedy Company





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a foel \$1.00 a day and a good deal of ope imagination, we can keep the children in toys that will delight them A CO fe (w and keep the family surprisingly ct-type free of arguments. A little thought piece and a trip through the dime store 50000 will give you your list of toys. A ily. To few that we found successful are imus bubble-blowing toys, pin wheels, Small aluminum foil, bead stringing. nd the balloons, fitting blocks and other easie fitting toys, paper bags (to blow up TT 88 and burst), paper and ball-point

pens, modeling clay and dolls. These toys will please preschool children. If your problems are a bit beyond this stage, take another trip through the dime store and through your memories of your fondest toys-of paper dolls, drawing boards, dominoes and card games. We find it best to keep each day's toys in separate paper bags. The toys for the day are limited to each time the big hand goes around two times, or after we go through three more towns.

Now your car beds are made and you have started packing your three big daily needs-clothing. food and toys. But you'd better not start the car yet as you have a few more items that you couldn't get outside of town without missing. For our family, the most important of these is a portable pottie chair. Even for the children past such necessities at home, it can be a very important facility in times of stress with no gas station in sight. Ours is a Little John Trav-ler that folds into its own carrying case. This is kept in the back seat of our car and quickly set up when the cry of urgency is given.

Just as essential, for emergencies of equal importance, is a cleanup kit. We keep a plastic squeeze-type bottle (ours is an emptied shampoo bottle) filled with soapy water for the washing of dirty fingers, cleaning of eating utensils, etc. Along with this we keep some kind of washcloth, small towel, or that many-purposed diaper. If you have a baby in diapers, you will find useful a bottle of clear water, kept warmed on the floorboard or in the sunlight.

Choose from the suggestions above the items most suitable to your family's needs. To take everything you will think of, you will need a trailer instead of a car. Take your list and try cutting it in half. The true genius comes in keeping your car neat and uncluttered, and yet ready for every emergency. Vacations can be all you hope for, when you plan well.

Picture-making [Continued from page 91]



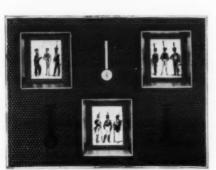
One often thinks of a frame as merely a piece of wood painted or sprayed; and yet there are variations which can enhance a picture and take it out of the realm of the prosaic. This frame,

for instance (\$1.79 at the dime store) is covered with bright green leaves

Velvet had originally been sprayed with silicone and glued to the wood. Artificial leaves (50¢ a dozen) were then glued to the velvet, giving the picture the fresh open-air feeling that is such a dominant part of the background. Incidentally, the illustration came from one of our earliest LFYH issues and is matted with gold sateen-a perfect contrast against the soft, subtle richness of the velvet mat







Young and old alike are always fascinated with the dashing style of soldiers. These prints of army officers were selected at a print shop (50¢ each). We then covered a Masonite board with gift-wrapping paper, glued the prints to form a triangle. The three frames (75¢ each at a framing shop) were placed around each picture, leaving wrapping paper exposed as a mat. To add an authentic military note, we made three medals: ribbon from the dime store; medals from an old button shop; the "gold" around the bars once graced a gift necktie



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LIVING FOR YOUNG HOMEMAKERS

#### Plan your home improvement [III]

[Continued from page 96]

warm the house with. Thus far in their development they are not economical in the colder northern regions, since they have to be supplemented by costly electric resistance heating on very cold days; but in milder climates they are a good means of obtaining yearround indoor comfort.

Cooling stage #3: expansion. In view of the fact that one of the basic principles of good air-conditioning design is to have a cooling unit slightly undersized for the space to be conditioned, it usually is impossible to cool added living space with the original equipment; a new unit will have to be added. For example, if you are planning to finish the attie, put in a completely separate attic cooling unit on a separate thermostat. Of course, if you're expanding and adding cooling at the same time, the attic unit can be sized large enough to provide cooling for the rooms below-a combination of expansion with upgrading.

The same thing applies if you are finishing a garage or porch, or adding a completely new wing. Cool the added space with a new, properly-sized central unit (or individual window-mounted units if they are what you want) or, if you can afford it, get a conditioner large enough to cool the rest of the house. If you have to add to the heating plant to take care of the addition, consider using a yearround, gas-fired heating-cooling unit; they are about as troublefree as any piece of mechanism can be, since neither the cooling nor the heating sections have any moving parts, and only the fans and blowers need attention.

If you are using an electricpowered air-conditioner in the new space, you probably will have us enlarge your electric capacity. Indeed, you may well have had to do so when you upgraded by having air-conditioning added to your living comfort; and now, again, you may need additional heavy-duty circuits. Your contractor will tell you what you have to do.

In having atties, garages or porches finished for living, or a new wing built, don't ever forget to make the structure as tightly sealed against heat gain in the summer, as well as heat loss in the winter, as possible. This is worth reiterating here, since your future comfort and the economy of your home operation will depend on it. Actually, it is more important to be repetitive on this point than it is to try to outline the innumerable species of air-conditioning equipment that are available. If you want to discover what types and varieties are on the market, write to some of the larger manufacturers and ask for their catalogues and consumer literature.

Cooling stage #1: remodeling an old house. One of the first considerations to be borne in mind even before you buy an old house for modernization is its suitability for air-conditioning at a reasonable cost. There are many large, rambling old mansions that may seem to offer much in the way of spaciousness and livability, but that on a second look turn out to be completely uneconomical from the point of view of modernizing the heating system and adding a cooling system. However, if you decide that the house of your dream remodeling is adaptable for yearround indoor living-conditioning, there are three basic points to bear in mind.

I. Be sure to carry out every recommendation previously made in this article for achieving cooling economy: maximum insulation, double glazing, ample natural or artificial ventilation in specified areas, and white or light-colored roofs and walls.

2. If the heating system in the house must be replaced, buy a combination heating-cooling unit that is designed to work as a unit, rather than a separate heating source and cooling source. Also have your duct or pipe systems speeifically laid out for both summer and winter conditions. Inasmuch as you most probably will be able to arrange for a "new-house" mortgage on the property (see the article on financing in our March, 1960, issue), you will be able to pay off the costs of a thoroughly up-to-date year-round comfort system over the life of a 15- or 20-year mortgage, instead of over the maximum seven years of a home-improvement loan. And remember that it is possible to purchase just the furnace or boiler, along with the cabinet for the heating-plusair-cooling combination, leaving for later on, when you feel you can better afford the investment, the purchase of the summer cooling equipment. In any event, though, be sure that the ducts and air outlets, or pipes and "fan-coil" room diffusing units, are properly designed for both heating and cooling. A good heating and air-conditioning contractor, one who sells cooling equipment that bears the ARI seal of quality, will be able to give you complete and informed estimates on either a complete heatingcooling installation or one in which the cooling equipment is provided for but not purchased at the time.

3. If the house you plan to buy and remodel has a usable heating system, warm air or "wet" (i.e., steam or hot water), there is no reason why you should throw it out just to get air-conditioning. Your contractor will advise you in detail on how to add cooling to an existing heating system, and whether it will require a completely separate set of ducts or pipes, or only some modification of the existing layout to make it work for cooling as well as heating. In view of the very sizable increase in resale value that summer cooling adds to a house, as well as the obvious improvement in your own living comfort, you should very definitely consider it as an almost essential part of any truly up-to-date house modernization program.

Thanks are due to Mr. Ted Kellogg, of the Air Conditioning and Refrigeration Institute, for much of the basic information included in this report on how to improve your summer comfort. The Institute, which is located at 1346 Connecticut Avenue, N. W., Washington 6, D. C., offers for 10 cents a copy a valuable Cooling Load Estimate Form for Year-Round Residential Air-Conditioners. You might want to use this form to obtain a rough estimate "on your own" of the size of cooling equipment you will need in your remodeled-or, for that matter, your upgraded or expanded-house. Your contractor will do a more scientific job before he submits his bid, but you can get some idea as to how he goes about it if you practice on the ARI form yourself.

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